

Riverstone Social Events - AUGUST riverstone

By 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Walking Club 10 AM - lobby	Bus Trip: Farm Boy & Angelos		Movie Night 6:30 PM - SL		Chair Yoga with Diana 1 PM - SR
7	8	9	10	11	12	13
	Walking Club 10 AM - lobby <hr/> Eye Awareness Month - West 5 Optometry Presentation 10 AM - SL	Bus Trip: Masonville Square 1 PM - 4 PM	Stretch Health Canada Mobility 2 PM - FR		Ageless Grace With Dillie 10:30 AM - FR	Chair Yoga with Diana 1 PM - SR
14	15	16	17	18	19	20
	Walking Club 10 AM - lobby 2pm Glee Club with Dean	Bus Trip: Kusterman's Farm Market 1 PM - 4 PM		Riverstone's 1 Year Anniversary 1 PM - 4 PM		Chair Yoga With Rachel 1 PM - SR
21	22	23	24	25	26	27
	Walking Club 10 AM - lobby	Bus Trip: Sunningdale Village Shopping Center 1 PM - 4 PM	Sifton Speakers Series: Healthy Habits 2 PM - SL	Movie Night 6:30 PM - SL	Ageless Grace With Cindy 10:30 AM - FR	
28	29	30	31			
		Bus Trip: Byron Shopping Center 1 PM - 4 PM				

SL - Social Lounge FR- Fitness Room SR - Skylight Restaurant OTR - On The Rocks Bar RTP - Roof Top Patio

Please RSVP for Events by Visiting Concierge