

SPOTLIGHT

Hello June!

Let's welcome June with open arms as we take on the warm weather together! Make sure to check out the events highlight section as we have lots of fun & exciting programs planned over the course of the month! Remember to wear a hat & sunscreen when walking outdoors!

Treat Yourself With Our Perks & Pluses:

Store to Door: Are you thinking about hosting company but are unsure what to serve? Look no further as we are reintroducing our Store to Door Program! Throughout the summer you can order a variety of in-season tarts and pies to share with your friends & loved ones. Place your order by Monday at Reception & receive it for Thursday.

Event Spot Light:

Voting Day: Starting from 9:00am come down to the Main Lounge to vote in the Provincial Election.

Brueckner Rhododendron Gardens: Located just off of Lakeshore, join us for an afternoon park stroll on June 13th to see Rhododendrons at full blossom!

Father's Day BBQ Social: Attention all men!—Make sure to come out & invite a guest to our Father's Day BBQ Social on June 17th. Hosted in the Main lounge, you won't want miss out on games, photos & delicious sliders and hotdogs!

Social Eats: Once a month, a restaurant will be picked to order-in food. This month is McDonald's! Menus will be provided & payment must be cash. Please speak to Reanna for more details.

EVENTS CALENDAR | June 2022

HIGHLIGHTS

- June 2nd—Voting Day in the Main Lounge
- June 2nd— Chris Sharpe Cello Performance
- June 3rd— The Crafty Bunch DIY Catch-All Bowls
- June 7th— Chocolate Ice-Cream Sunday Social
- June 10th — Thrift Store Shopping Outing
- June 13th — Trip to Brueckner Rhododendron Gardens for an Afternoon Stroll
- June 14th— The Crafty Bunch—Bird Feeder Decorating Craft
- June 17th— Father's Day BBQ Social
- June 22nd— Social Eats — McDonald's Order In
- June 23rd— Town Hall Meeting
- June 23rd — Special Big Prize Bingo
- June 24th — Shopping Outing to South Common Plaza
- June 27th— Culinary Meeting
- June 28th— Card Making Club



LIVING WELL PERKS & PLUSES JUNE 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Foot clinic is available every 6 weeks! Please talk to wellness regarding your appointment!		Manicures 1	Osteoporosis Exercise Classes 2 Store to Door Delivery	Osteoporosis Exercise Classes 3 Hair Salon (Appointment)
Store to Door Order Due 6	Fall Prevention Exercise Classes 7	Moisturizing Paraffin Hand Bath 8	Osteoporosis Exercise Classes 9 Store to Door Delivery	Osteoporosis Exercise Classes 10 Hair Salon (Apt)
Store to Door Order Due 13	Fall Prevention Exercise Classes 14	Manicures 15	Osteoporosis Exercise Classes 16 Store to Door Delivery	Osteoporosis Exercise Classes 17 Hair Salon (Apt) Foot Clinic (Apt)
Store to Door Order Due 20	Fall Prevention Exercise Classes 21	Moisturizing Paraffin Hand Bath 22	Osteoporosis Exercise Classes 23 Foot Clinic Store to Door Delivery	Osteoporosis Exercise Classes 24 Hair Salon (Apt)
Store to Door Order Due 27	Fall Prevention Exercise Classes 28	Manicures 29	Osteoporosis Exercise Classes 30 Store to Door Delivery	

HAPPY BIRTHDAY!

Maria Homem — June 21st

HAPPY ANNIVERSARY!

Liberan & Dominika Rajic — June 20th

SOCIAL & RECREATIONAL ACTIVITIES - JUNE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			10:00 Exercise Class (IPAD) (ML) 1 1:30 Balloon Badminton (ML) 2:00 Relaxing Music and Manicures (ML) 3:00 Group Crosswords (ML) 7:00 Euchre Club (ML) 7:00 Connect 4 (ML)	VOTING STARTS AT 9AM (ML) 2 9:00 Exercise with the LHIN (ML) 2:00 Chris Sharpe — Cello Performance (ML) 3:00 Afternoon Neighborhood Stroll (ML) 7:00 Euchre Club (ML) 7:00 Jumbo Puzzles (ML)	9:00 Exercise with the LHIN (ML) 3 2:00 The Crafty Bunch — DIY Catch-All Bowls 7:00 Documentary Series Night (ML) — Tiny Creatures Episode 1: Arizona	10:30 Brain Game Puzzle Package—Pick-up at Reception 4 1:30 Weekly Hallway Walking group with CN Tower View (TFH) 3:30 Jenga (JW) 6:30 Comedy Movie Night (ML) — The Week Of (Netflix)
10:30 Sunday Catholic Church Service (ML) 5 1:30 Adult Coloring Books (ML) 3:00 Meet a friend for Coffee or Tea (ML) 6:30 Movie that Start with 'F' (ML) — The Fast & Furious (Netflix)	10:30 Mindful Yoga (ML) 6 11:00 Tea for Two with Reanna 2:00 Wordle (IPAD) (ML) 3:00 Euchre Club (ML) 3:00 Twister Bean Bag Toss (ML) 7:00 Crosswords with Sarah (ML)	NATIONAL CHOCOLATE ICE-CREAM DAY 7 9:00 Exercise with the LHIN (ML) 2:00 Chocolate Ice-Cream Sunday Social (ML) 3:00 Bingo (ML) 7:00 The Worlds Most Extraordinary Homes—Portugal (Netflix) (ML)	10:00 Move to the Beat — Drum Fitness (IPAD) (ML) 8 1:30 Balloon Badminton (ML) 2:00 Moisturizing Paraffin Hand Bath (ML) 3:00 Group Crosswords (ML) 7:00 Euchre Club (ML) 7:00 Connect 4 (ML)	9:00 Exercise with the LHIN (ML) 9 2:00 Afternoon Neighborhood Stroll (ML) 3:00 25c Bingo (ML) 7:00 Euchre Club (ML) 7:00 Jumbo Puzzles (ML)	9:00 Exercise with the LHIN (ML) 10 10:00-11:30 Thrift Store Shopping Outing 2:00 Modern Inventions Guessing Game— Australia, Canada, or the United States? 7:00 Documentary Series Night (ML) — Tiny Creatures Episode 2: New York	10:30 Brain Game Puzzle Package—Pick-up at Reception 11 1:30 Weekly Hallway Walking group with CN Tower View (TFH) 2:00 Euchre Club (ML) 3:30 Checkers (ML) 6:30 Sci-Fi Adventure Movie Night (ML) — The 5th Wave
1:30 Adult Coloring Books (ML) 12 3:00 Meet a friend for Coffee or Tea (ML) 6:30 Movie that Starts with 'G' (ML) — Green Lantern (Netflix)	10:30 Exercise Class (IPAD)(ML) 13 11:00 Tea for Two with Reanna 1:30 Trip to Brueckner Rhododendron Gardens for an Afternoon Stroll 3:00 Euchre Club (ML) 3:00 Hallway Bowling (TFH) 7:00 Crosswords with Sarah (ML)	9:00 Exercise with the LHIN (ML) 14 2:00 4 Pics 1 Word (ML) 3:00 Bingo (ML) 7:00 The Worlds Most Extraordinary Homes —Switzerland (Netflix) (ML)	10:00 Exercise Class (IPAD) (ML) 15 1:30 Balloon Badminton (ML) 2:00 Relaxing Music and Manicures (ML) 3:00 Group Crosswords (ML) 7:00 Euchre Club (ML) 7:00 Connect 4 (ML)	9:00 Exercise with the LHIN (ML) 16 2:00 Afternoon Neighborhood Stroll (ML) 3:00 25c Bingo (ML) 7:00 Euchre Club (ML) 7:00 Jumbo Puzzles (ML)	9:00 Exercise with the LHIN (ML) 17 12:00 Father's Day BBQ Social (ML) 3:00 Pictoword (IPAD) (ML) 7:00 Documentary Series Night (ML) — Tiny Creatures Episode 3: Minnesota	10:30 Brain Game Puzzle Package—Pick-up at Reception 18 1:30 Weekly Hallway Walking group with CN Tower View (TFH) 3:30 Euchre Club (ML) 3:30 Jenga (JW) 6:30 Comedy Movie Night (ML) — Paul Blart Mall Cop (Netflix)
10:30 Sunday Catholic Church Service (ML) 19 1:30 Adult Coloring Books (ML) 3:00 Meet a friend for Coffee or Tea (ML) 6:30 Movie that Starts with 'H' (ML) — Hairspray (Netflix)	10:30 Mindful Yoga (ML) 20 11:00 Tea for Two with Reanna 2:00 Wordle (ML) 3:00 Euchre Club (ML) 3:00 Twister Bean Bag Toss (ML) 7:00 Crosswords with Sarah (ML)	9:00 Exercise with the LHIN (ML) 21 2:00 4 Pics 1 Word (ML) 3:00 Bingo (ML) 7:00 The Worlds Most Extraordinary Homes — Japan (Netflix) (ML)	10:00 Move to the Beat—Drum Fitness (IPAD) (ML) 22 12:00 Social Eats — McDonald's Order-In (ML) 2:00 Moisturizing Paraffin Hand Bath (ML) 3:00 Book Club (TN) 7:00 Euchre Club (ML) 7:00 Connect 4 (ML)	9:00 Exercise with the LHIN (ML) 23 2:30 Town Hall Meeting (ML) 3:00 Special Big Prize Bingo (ML) 7:00 Euchre Club (ML) 7:00 Jumbo Puzzles (ML)	9:00 Exercise with the LHIN (ML) 24 9:30-11:30 Shopping Outing 2:00 The Crafty Bunch— Bird Feeder Decorating Craft (ML) 7:00 Documentary Series Night (ML) — Tiny Creatures Episode 4: Texas	10:30 Brain Game Puzzle Package—Pick-up at Reception 25 1:30 Weekly Hallway Walking group with CN Tower View (TFH) 2:00 Euchre Club (ML) 3:30 Checkers (ML) 6:30 Sci-Fi Adventure Movie Night (ML) — The Cloverfield Paradox (Netflix)
1:30 Adult Coloring Books (ML) 26 3:00 Meet a friend for Coffee or Tea (ML) 6:30 Movie that Starts with 'I' (ML) — Indiana Jones (Netflix)	10:30 Exercise Class (IPAD)(ML) 27 11:00 Tea for Two with Reanna 2:00 Wordle (IPAD) (ML) 3:00 Culinary Meeting (DR) 3:00 Twister Bean Bag Toss (ML) 3:30 Euchre Club (ML) 7:00 Crosswords with Sarah (ML)	9:00 Exercise with the LHIN (ML) 28 1:30 Card Making Club (ML) 3:00 Bingo (ML) 7:00 The Worlds Most Extraordinary Homes— Spain (Netflix) (ML)	10:00 Exercise Class (IPAD) (ML) 29 1:30 Balloon Badminton (ML) 2:00 Relaxing Music and Manicures (ML) 3:00 Group Crosswords (ML) 7:00 Euchre Club (ML) 7:00 Connect 4 (ML)	9:00 Exercise with the LHIN (ML) 30 2:00 Afternoon Neighborhood Stroll (ML) 3:00 25c Bingo (ML) 7:00 Euchre Club (ML) 7:00 Jumbo Puzzles (ML)		

ML: Main Lounge

DR: Dining Room

SL: Skyview Lounge

Events in **Purple**: Sign Up Events in **Red**: Open to Public

TN: The Nook

JW: Jokers Wild

TFH: Third Floor Hallway