

MONDAYS: VON Exercise Program (sign up with Emily)

TUESDAYS: 9am—1pm Mirror’s Hair Salon (in the Hair Salon)

WEDNESDAYS: 9am-1pm Mirror’s Hair Salon (in the Hair Salon)

THURSDAYS: 9am-1pm Mirror’s Hair Salon (in the Hair salon)

FRIDAYS: VON Exercise Program (sign up with Emily)

Blood Pressure Clinic: Thursday, December 18th at 1:30pm

In Home Hearing : Please see someone in Reception to book an appointment .

In need of physio or footcare? Contact reception to make an appointment with Vitalis.

UPCOMING!

Resident Christmas Gala: Join us Thursday, December 18th starting at 3:45pm for Hors d’oeuvres, live entertainment by John Moorhouse, a festive Christmas dinner and a special visit from Santa and Mrs. Claus!

Book Club

The Dorchester Library supplies our monthly book bag and a monthly discussion is also arranged at the end of the month! (sign a book out at reception)

Billiards Night

The tables are polished, the balls are racked, and the only thing missing is you. Join us Tuesday December 2nd and 30th at 6:30pm, for a night where the beer is cold and the snacks never run out!

Stitch & Storytime

Bring your knitting or crochet project every Tuesday at 10:30am. Settle in for a relaxing morning of creativity and connection. While your hands are busy with stitches, enjoy the comfort of tea and the charm of a shared story read aloud for everyone to enjoy!



Above: Jack & Ruby D having a wonderful time greeting Santa & Mrs. Claus!



Above: Valerie S, Billie L, Marg R, Floyd R, Jackie C, Janet H, Sheila D, Agnes G, and Dixie T decorating one of our magical Christmas tree’s!

The Nutcracker Ball: Step into a world of holiday magic at our elegant Nutcracker Ball, hosted in our lobby area on Friday, December 19th at 2:30pm. The afternoon will feature classy seasonal refreshments, and delightful treats. Guests will be enchanted by a live performance bringing scenes of The Nutcracker to life.

Holiday Wrap & Chat: Join us on Monday, December 15th at 3:30pm to make your holiday prep a little easier—and a lot more fun! Bring your gifts and let us help with your Christmas wrapping while you enjoy festive refreshments, music and good company! Come unwind, get things done and share some holiday cheer.

Muffins with Managers: Join us on Friday, December 5th at 10:30am in our Party Room. This is a wonderful chance for you to enjoy some delicious muffins, share meaningful conversations, and get to know the management team on a more personal level! Come connect, ask questions, share ideas, and build stronger relationships.

- Friday, December 5th**
Country Drive
- Saturday, December 6th**
Merry Market & Lunch at 100 Kellogg’s
- Monday, December 8th**
Shopping in Tillsonburg
- Wednesday, December 10th**
Tour at Art Museum of London & Christmas Lunch at Swiss Chalet
- Friday, December 12th**
Shopping at Coyle’s
- Sunday, December 14th**
Christmas in the Forest City
- Monday, December 15th**
Magic of Lights Tour at Fanshawe Conservation Area
- Wednesday, December 17th**
Shopping at Heeman’s
- Wednesday, December 24th**
Winter Wonderland Drive
- Monday, December 29th**
Shopping in Dorchester

 Like us on facebook!
facebook.com/DorchesterTerraceRetirement

SOCIAL & RECREATIONAL ACTIVITIES - DECEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
"You are never too old to set another goal or to dream a new dream." — C.S. Lewis	9:30 VON Exercise (HH) 1 10:35 25 Cent Bingo (HH) 1:30 Minds in Motion: Wordle (HH) 2:30 Christmas Pictionary (DD) 3:30 Colour & Connect (CC) 7:00 Crokinole (HUB)	9:30 Exercise with Elaine (HH) 2 10:30 Stitch & Storytime (PR) 10:45 Piano with Joyce (Lobby) 2:15 Poinsettia & Peppermint Tea Party (PR) 3:15 Merry Makers: Christmas Card Workshop (CC) 6:30 Billiards Night (HUB)	9:30 Peaceful Pathways (MT) 3 10:30 Stretching & Smiles with Emily (HH) 2:00 Entertainment with Jackie Grainge (Lobby) 3:30 Bingo (HH) 7:00 Crokinole (HUB)	9:30 Exercise with Elaine (HH) 4 10:30 Fitminds (CC) 2:30 Whiskful Thinking with Bill: Dutch Butter Cake (PR) 3:30 Scattergories (HH) 6:30 Bowling (Lobby)	St. Nicholas Day! Leave your Shoe Outside Your Door Tonight for a Treat! 9:30 VON Exercise (HH) 10:30 Muffins with Managers (PR) 1:00 Country Drive (HH) 3:30 Book Club Discussion: The Sun Does Shine (PR) 6:45 Movie Night: Rodger's & Hammerstein's Carousel (MT)	9:30 Exercise Video (HH) 6 10:30 Merry Market & Lunch at 100 Kellogg's (Lobby) \$ 2:30 Wii Games: Bowling (HH) 7:00 Hockey Night: Toronto Maple Leaf's VS Canadiens (MT)
9:25 Exercise Video (HH) 7 10:00 Church Service (MT) 10:30 Sunday Morning Cross-words (Reception) 2:15 Jeopardy (HH) 3:15 Bingo (HH) 6:45 Tv Series: Bridgerton (MT)	9:30 VON Exercise (HH) 8 10:30 25 Cent Bingo (HH) 1:00 Shopping in Tillsonburg (Lobby)\$ 3:45 Hymn Sing with Betty(HH) 6:15 Cookies, Hot Cocoa and Fireside Christmas Stories	9:30 Exercise with Elaine (HH) 9 10:30 Stitch & Storytime (PR) 2:00 Entertainment with Joel Horvath (Lobby) 3:10 Euchre or Bridge (DD) 7:00 Hymn Sing (HH)	9:15 Peaceful Pathways (MT) 10 10:15 Tour at Art Museum of London & Christmas Lunch at Swiss Chalet (Lobby) \$ 10:45 Piano with Joyce (Lobby) 3:30 Bingo (HH) 7:00 Crokinole (HUB)	9:30 Exercise with Elaine (HH) 11 10:30 Fitminds (CC) 2:00 Christmas Songs & Stories with Steve Holowitz (Lobby) 3:30 Name That Christmas Tune (DD) 6:30 Bowling (Lobby)	National Gingerbread House Day! 9:30 VON Exercise (HH) 10:45 Gingerbread History & Trivia (DD) 1:00 Shopping at Coyle's (Lobby) \$ 3:30 Gingerbread House Workshop (CC) 6:15 Shuffleboard (Lobby)	9:15—11:30 Crafty Creations with Mrs. Merlin: Rag Tree (CC) 13 9:30 Exercise Video (HH) 10:30 Self-Led Meditation (MT) 2:15 Piece by Piece: Puzzles (BB) 3:15 Wii Games: Bowling (HH) 7:00 Hockey Night: Toronto Maple Leaf's VS Oilers (MT)
9:25 Exercise Video (HH) 14 10:00 Church Service (MT) 10:30 Sunday Morning Crosswords (Reception) 2:00 Christmas in the Forest City (Lobby) 2:15 Travelogue: Wonders of Alaska (MT) 6:45 Tv Series: Bridgerton (MT)	9:30 VON Exercise (HH) 15 10:30 25 Cent Bingo (HH) 2:10 Christmas Caroling with River Heights (GT) 3:30 Holiday Wrap & Chat (CC) 6:30 Magic of Lights Tour at Fanshawe Conservation Area (Lobby)	9:30 Exercise with Elaine (HH) 16 10:30 Stitch & Storytime (PR) 10:45 Piano with Joyce (Lobby) 2:00 Entertainment with Mocha Shrine Band (GT) 3:10 Euchre or Bridge (DD) 6:30 Christmas Caroling with The 1 st Dorchester Cub Pack & Hot Cocoa (Lobby)	9:30 Peaceful Pathways (MT) 17 10:30 Town Hall Meeting (HH) 1:00 Shopping at Heeman's (Lobby) 3:30 Bingo (HH) 7:00 Crokinole (HUB)	Resident Christmas Gala! 18 9:30 Exercise with Elaine (HH) 10:30 Storytime with Dorchester Library (Lobb) 1:30 Connect 4 (Lobby) 3:45 Resident Christmas Gala (Lobby)	Christmas Sweater Day! 19 Wear your Christmas Sweater 9:30 VON Exercise (HH) 10:30 Guess The Gift (DD) 2:30 The Nutcracker Ball (Lobby) 6:30 Christmas Lights Tour (Lobby) 7:00 Movie Night: Top Gun (MT)	National Caroling Day! 20 9:30 Exercise Video (HH) 10:30 Self-Led Meditation (MT) 2:15 Jeopardy (HH) 3:15 Christmas Caroling with Mya (Lobby) 6:45 Movie Night: Top Gun: Maverick (MT)
Winter Solstice ! 21 9:25 Exercise Video (HH) 10:00 Church Service (MT) 10:30 Sunday Morning Cross-words (Reception) 2:15 Bingo (HH) 3:15 Whiskful Thinking with Mya: Christmas Cookies (PR) 6:45 Tv Series: Bridgerton (MT)	9:30 Exercise Video (HH) 22 10:30 25 Cent Bingo (HH) 2:30 Christmas Themed Euchre Tournament (DD) 3:45 Laughter is the Best Medicine (PR) 7:00 Crokinole (HUB)	9:30 Exercise with Elaine (HH) 23 10:30 Christmas Word Scramble (Reception) 1:45 Jolly Holiday Sips: Rudolph Spritzer (PUB) 2:00 December Birthday Party with Nicole Tan (Lobby) 3:10 Euchre or Bridge (DD) 6:45 Christmas Movie Night: The Family Stone (MT)	Christmas PJ Day! Wear your Christmas PJ's 24 9:30 Peaceful Pathways (MT) 10:30 Stretching & Smiles with Betty (HH) 1:00 Winter Wonderland Drive (Lobby) 3:15 Christmas Bingo (HH) 6:45 Christmas Movie Night: It's A Wonderful Life (MT)	Merry Christmas! 25 Wear Red or Green 9:30 Exercise Video (HH) 10:30 Fitminds (Reception) 2:00 Christmas Scattergories (DD) 3:15 Candy Cane Lane Social (Lobby) 6:45 Christmas Movie Night: Christmas Vacation (MT)	Boxing Day! 26 9:30 Exercise Video (HH) 10:30 Christmas Activity Package (Reception) 1:30 Christmas Afternoon Movie: Meet Me Next Christmas (MT) 3:45 Wii Games: Bowling (HH) 6:45 Christmas Movie Night: A Christmas Story (MT)	9:30 Exercise Video (HH) 27 10:30 Self-Led Meditation (MT) 2:15 Piece by Piece: Puzzles (BB) 3:15 Wii Games: Bowling (HH) 7:00 Hockey Night: Toronto Maple Leaf's VS Senators (MT)
9:25 Exercise Video (HH) 28 10:00 Church Service (MT) 10:30 Sunday Morning Cross-words (Reception) 2:15 Travelogue: Wonders of Quebec City (MT) 6:45 Tv Series: Bridgerton (MT)	9:30 Exercise Video (HH) 29 10:30 25 Cent Bingo (HH) 1:00 Shopping in Dorchester (Lobby) 2:15 Scattergories (DD) 3:15 Tetris Tumble (Lobby) 7:00 Crokinole (HUB)	9:30 Exercise with Elaine (HH) 30 10:30 Stitch & Storytime (PR) 2:00 Book Club Discussion: Black Cake (PR) 3:00 Catholic Christmas Mass (GT) 6:30 Billiards Night (HUB)	New Year's Eve! 31 9:30 Peaceful Pathways (MT) 10:30 Stretching & Smiles with Emily (HH) 2:00 Cheer's to 2025 (PR) 3:30 Bingo (HH) 6:45 Silver & Gold Happy Hour (PUB) 7:00 New Year's Eve Entertainment with Georgina Rae (Lobby)			If you are interested in being a resident ambassador please contact Chrissy!

(1) BB: Busy Bean Bistro

(2) DD: Dealer's Den Card Room

(3) CC: Creative Corner

(2) HUB: The Hub Games Room

(4) PR: Rendezvous Party Room

(1) PUB: Twisted Lemon Pub

(1) HH: Healthy Habit Fitness Centre

GT: Garden Terrace Dining Room

(3) MT: Century Hall Movie Theatre

CY: Courtyard

TBA: To Be Announced

Events in Purple: Sign Up