PERKS & PLUSES THIS MONTH

MONDAYS: Exercise with the LHIN — Store to Door Orders Due

- 9:00am—Osteoporosis
- 10:00am— Fall Prevention
- 11:00am— Movement Matters

WEDNESDAYS: Exercise with the LHIN

- 9:00am—Osteoporosis
- 10:00am— Fall Prevention
- 11:00am— Movement Matters

THURSDAYS: Store to Door Delivery

FRIDAYS: Hair & Nail Salon— by appointment only. Schedule at front desk.

UPCOMING

MARLON BRANDO MOVIE SPECIAL: Join us for an unforgettable cinematic journey through the timeless classics and iconic performances of one of Hollywood's greatest legends. From his groundbreaking portrayal of Stanley Kowalski in "A Streetcar Named Desire" to the unforgettable Sky Masterson in "Guys and Dolls," immerse yourself in Brando's unparalleled talent and magnetic presence on the silver screen. **Date: Every Saturday at 4.15 pm**

JOIN A CLUB!

Congratulations to the newest members of the Erinview Retirement Living! It's great to see more residents joining clubs.

Remember—there are numerous clubs looking for new members!

- 1. Creative Writing Club
- 2. Cribbage Club
- 3. Book Club

Speak to Alejandro to learn more!



EVENTS CALENDAR | APRIL



HELLO APRIL

HAPPY HOUR & APPETIZERS: Come unwind and kick back in style as we welcome you to an afternoon of pure delight. With an assortment appetizer that perfectly complement your drinks! Let the worries of the day melt away as you mingle with old friends, and make some new ones.

Date: April 12th at 2.00 pm

OPEN HOUSE!: Feel the welcoming embrace of these beautifully curated spaces as you wander through sunlit rooms and envision the endless potential for creating cherished memories with loved ones.

Date: April 21st at 1.00 pm

TRAVEL TO PHILIPPINES: Embark on a journey through lush landscapes, where emerald rice terraces cascade down verdant hillsides, and pristine beaches boast powdery white sands kissed by turquoise waters. Dive into the depths of vibrant coral reefs, alive with a kaleidoscope of marine life, or trek through dense jungles alive with the symphony of exotic birds and monkeys.

Date: April 24th at 2.00 pm

Frín

Sifton Retirement Living

HIGHLIGHTS

Card Making Club Tuesday, April 2nd Let's Make Air Fryer Bananas! Wednesday, April 3rd **Recreation Meeting** Monday, April 8th **Did You Know? April Edition** Tuesday, April 9th **Yoga with Sheila** Thursday, April 11th **HAPPY HOUR & APPETIZERS** Friday, April 12th Art 4 Life Monday, April 15th Wii Bowling Tuesday, April 16th Let's Make Air Fryer French Toast Sticks! Friday, April 19th **Travel to Philippines** Wednesday, April 24th Town Hall Friday, April 26th Mississauga Symphony Orchestra: Symphonic Pops Saturday, April 27th

Like us on facebook!

2630 Fifth Line West | Mississauga, ON | L5K 0A8 905-823-6700

SOCIAL & RECREATIONAL ACTIVITIES - APRIL 2024

Pick-up at ReceptionLHIN (ML) See Perks & Pluses on Back for Class Times (ML)11:00 Crazy Cards (ML)10:30 Fird Eating (ML)10:30 Fir	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Pick up at Reception 10:30 Catyle CArds (ML) 11:00 Cazy Cards (ML) 10:00 Cazy Cards (ML) 11:00 Cazy Cards	LHIN (on Ba 2:00 E 3:00 V	(ML) See Perks & Pluses ack for Class Times (ML) Board Games (ML) Word Games (ML)	 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Card Making Club (ML) 3:00 Bingo (ML) 4:15 Paper Craft Hour with Adrijana 	LHIN (ML) See Perks & Pluses on Back for Class Times (ML) 2:00 Let's Make Air Fryer Bananas! (ML) 3:00 Book Club (SL) 3:30 Wordscapes (ML)	Dog Visit 10:00 FIT Strength (ML) 11:00 Group Crosswords (ML) 2:00 Bridge Club (SL) 2:00 Wheel of Fortune (Wii) (ML) 3:00 Bingo (ML)	South Common Mall 10:00 Relaxing Yoga (IPAD)(ML) 2:00 Zoomed In (IPAD) (ML)	Brain Game Puzzle Package— Pick-up at Reception 10:30 HASFIT Exercise Class (IPAD) 1:30 Bowling with Colin (ML) 2:00 Bingo with Colin (ML) 3:30 Tea with Friends (ML) 4:15 Marlon Brando Special: A Streetcar Named Desire (ML)
Pick-up at Reception Interview Pick-up at Reception Interview Pick-up at Reception User of the Stass (Mill) (Mill) Westdale Mall User of the Stass (Mill) User of the Stas (Mill) User of the Stas (Mill	at ReceptionLHINtholic Church Serviceon Bard Guess (IPAD) (ML)2:00 Ihre Club (ML)3:00 Sv's Wild Wolves3:00 S	(ML) See Perks & Pluses ack for Class Times (ML) Recreation Meeting (ML) Scattergories (ML) Cribbage Club (SL)	 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Did You Know? April Edition (ML) 3:00 Bingo (ML) 4:15 Paper Craft Hour with Adrijana 	LHIN (ML) See Perks & Pluses on Back for Class Times (ML) 2:00 Spring Flower Craft (ML) 3:00 Hand Spa (ML)	 10:30 Yoga with Sheila (ML) 2:00 Bridge Club (SL) 2:00 Wheel of Fortune (Wii) (ML) 3:00 Bingo (ML) 	11:00 Wordscapes (IPAD) (ML) 2:00 HAPPY HOUR & APPETIZERS	Brain Game Puzzle Package— Pick-up at Reception 10:30 HASFIT Exercise Class (IPAD 1:30 Wordle with Colin (IPAD) (ML) 2:00 Bingo with Colin (ML) 3:30 Board Games Hour (ML) 4:15 Marlon Brando Special: On the Waterfront (ML)
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Shall Galife Puzzle Package289:00-11:00Exercise with the 2930Pick-up at ReceptionLHIN (ML) See Perks & Pluses11:00 Crazy Cards (ML)10:30 Catholic Church Service (ML)on Back for Class Times (ML)2:00 Bridge Club (SL)2:00 Word Guess (IPAD) (ML)2:00 Creative Writing (ML)2:00 Bowling (Wii) (ML)2:00 Southere Club (ML)2:00 Creative Writing (ML)2:30 Culinary Meeting (DR)3:00 Scattergories (ML)3:00 Bingo (ML)The Leopardess: Haunted7:00 Cribbage Club (SL)4:15 Paper Craft Hour with Adrijana (ML)	t Reception 21 Chirth cholic Church Service 9:00-11 (ML) Se Class Ti 2:00 Sc adise of Polynesia) (ML)	1:00 Exercise with the LHIN ee Perks & Pluses on Back for Times (ML) cattergories (ML) Make Your Own Grass Head (ML)	 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Group Crosswords (ML) 3:00 Bingo (ML) 4:15 Paper Craft Hour with Adrijana 	LHIN (ML) See Perks & Pluses on Back for Class Times (ML) 2:00 Travel to Philippines (ML) 3:00 Hand Spa (ML)	Dog Visit 10:30 Yoga with Sheila (ML) 2:00 Bridge Club (SL) 2:00 Wheel of Fortune (Wii) (ML) 3:00 Bingo (ML)	11:00 Wordscapes (IPAD) (ML) 2:00 Town Hall (ML)	Brain Game Puzzle Package—Pick-up at Recept 10:30 HASFIT Exercise Class (IPAD) 1:30 Wordle with Colin (IPAD) (ML) 2:00 Bingo with Colin (ML) 3:30 Board Games Hour (ML) 4:15 Marlon Brando Special: Mutiny on the Bounty (ML) 7:00 Mississauga Symphony Orchestra: Symphonic Pops
ML: Main Lounge DR: Dining Room SL: Skyview Lounge GC: Garden Corner	t Reception tholic Church Service d Guess (IPAD) (ML) the Club (ML) the Documentaries: ardess: Haunted LHIN (on Bac 2:00 C 3:00 S	11:00 Exercise with the 29 (ML) See Perks & Pluses ack for Class Times (ML) Creative Writing (ML) Scattergories (ML) Cribbage Club (SL)	30 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Bowling (Wii) (ML) 2:30 Culinary Meeting (DR) 3:00 Bingo (ML) 4:15 Paper Craft Hour with Adrijana				Check out the monthly Perks and Pluses calendar on the back cover.
	lain Lounge DR	: Dining Room	SL: Skyview Lounge	GC: Garden Corner			
TN: The Nook JW: Jokers Wild TFH: Third Floor Hallway	ne Nook JW	/: Jokers Wild	TFH: Third Floor Hallway				