

PERKS & PLUSES THIS MONTH

MONDAYS: Exercise with the LHIN — Store to Door Orders Due

- 9:00am—Seated Tai Chi
- 10:00am— Fall Prevention
- 11:00am— Movement Matters

WEDNESDAYS: Exercise with the LHIN

- 9:00am— Movement Matters
- 10:00am— Fall Prevention
- 11:00am— Seated Tai Chi

THURSDAYS: Store to Door Delivery

FRIDAYS: Hair & Nail Salon— by appointment only. Schedule at front desk. Foot Care: May 2nd

UPCOMING

AUDREY HEPBURN MOVIE SPECIAL: Whether you're a longtime fan or discovering Audrey Hepburn for the first time, "Audrey Hepburn Movie Special" promises to be an unforgettable cinematic experience that celebrates the enduring legacy of one of Hollywood's most beloved stars. Join us as we pay tribute to the grace, beauty, and enduring spirit of Audrey Hepburn, whose timeless allure continues to captivate audiences around the world. **Date: Every Saturday at 4.15 pm**

JOIN A CLUB!

Congratulations to the newest members of the Erinview Retirement Living! It's great to see more residents joining clubs.

Remember—there are numerous clubs looking for new members!

1. Walking Club
2. Card Making Club
3. Cribbage Club

Speak to Alejandro to learn more!



EVENTS CALENDAR | MAY



HELLO MAY

MOTHER'S DAY CELEBRATION WITH LUCIA BARCARI: Join us for a Mother's Day Celebration like no other, where music, tea, and love converge to create memories that will be cherished for a lifetime.

Date: May 10th at 2.00 pm

WALKING CLUB: Join us as we lace up our sneakers and embark on a journey through scenic trails, picturesque parks, and charming neighborhoods. Whether you're a seasoned walker or just starting out, our club offers something for everyone.

SEATED TAI CHI: Discover the tranquil elegance of Seated Tai Chi, a harmonious blend of gentle movements and mindful breathing designed to cultivate inner peace and physical well-being. Picture yourself in a serene setting, comfortably seated as you embark on a journey of rejuvenation for both body and mind.

Date: Mondays at 9.00 am and Wednesdays at 11.00 am

HIGHLIGHTS

Rock Painting with Kids!

Wednesday, May 1st

HAPPY HOUR ★

Friday, May 3rd

Yoga with Sheila

Tuesday, May 7th

Rock Painting with Kids!

Wednesday, May 8th

Mother's Day Celebration with Lucia Barcari

Friday, May 10th

HAPPY HOUR ★

Friday, May 17th

Yoga with Sheila

Tuesday, May 21st

Town Hall

Tuesday, May 21st

Picnic at Erindale Park

Friday, May 24th

Mississauga Symphony Orchestra:

Alpine Symphony

Saturday, May 25th

Art 4 Life

Tuesday, May 28th

Let's Make Chocolate-Hazelnut Fruit Pizza!

Wednesday, May 29th

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SOCIAL & RECREATIONAL ACTIVITIES - MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Check out the monthly Perks and Pluses calendar on the back cover.			9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses on Back for Class Times (ML) 2:00 Rock Painting with Kids! (ML) 3:00 Book Club (SL) 3:30 Did You Know? 5 de Mayo (ML) 7:00 Euchre Club (ML)	10:00-11:00 Felix the Therapy Dog Visit (ML) 10:00 FIT Balance (ML) 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Family Feud (Wii) (ML) 3:00 Bingo (ML) 4:15 Wordle w/ Adrijana (ML) 6:30 Movie Night (ML)	9:30- 11:30 Shopping Outing to South Common Mall 10:00 Relaxing Yoga (IPAD) (ML) 2:00 Walking Club (ML) 2:30 Group Crosswords (ML) 4:00 HAPPY HOUR (ML) ★	Brain Game Puzzle Package— Pick-up at Reception 10:30 HASFIT Exercise Class (IPAD) 1:30 Bowling with Colin (ML) 2:00 Bingo with Colin (ML) 4:15 Audrey Hepburn Special: Roman Holiday (ML)
Brain Game Puzzle Package— Pick-up at Reception 10:30 Catholic Church Service (ML) 2:00 Word Guess (IPAD) (ML) 2:30 Euchre Club (ML) 6:30 Silent & Deadly - Searching Bolivia's Most Venomous Snake (YouTube) (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses on Back for Class Times (ML) 2:00 Walking Club—Resident Run 2:00 Checkers Tournament (ML) 3:00 Scattergories (ML) 7:00 Cribbage Club (SL)	10:30 Yoga with Sheila (ML) 2:00 Bridge Club (SL) 2:00 Card Making Club (ML) 3:00 Bingo (ML) 4:15 Paper Craft Hour with Adrijana (ML) 6:30 Movie Night (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses on Back for Class Times (ML) 10:00 Color Carnival (JW) 1:30 Rock Painting with Kids! (ML) 3:00 Hand Spa (ML) 7:00 Euchre Club (ML)	10:00-11:00 Felix the Therapy Dog Visit (ML) 10:00 FIT Balance (ML) 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Wheel of Fortune (Wii) (ML) 3:00 Bingo (ML) 4:15 Wordle w/ Adrijana (ML) 6:30 Movie Night (ML)	10:00 FIT Strength & Balance (ML) 11:00 Group Crosswords (IPAD) (ML) 2:00 Mother's Day Celebration with Lucia Barcari (DR) 3:30 Walking Club (ML)	Brain Game Puzzle Package— Pick-up at Reception 10:30 HASFIT Exercise Class (IPAD) 1:30 Wordle with Colin (IPAD) (ML) 2:00 Bingo with Colin (ML) 3:30 Board Games Hour (ML) 4:15 Audrey Hepburn Special: My Fair Lady (ML)
MOTHER'S DAY! Brain Game Puzzle Package— Pick-up at Reception 10:30 Catholic Church Service (ML) 2:00 Word Guess (IPAD) (ML) 2:30 Euchre Club (ML) 6:30 Gobi Bear - Searching the Rarest Bear on Earth (YouTube) (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses on Back for Class Times (ML) 2:00 Outdoor Bean Bag Toss 3:00 Scattergories (ML) 7:00 Cribbage Club (SL)	10:00 FIT Strength (ML) 11:00 Group Crosswords (ML) 2:00 Bridge Club (SL) 2:00 Scrabulous (ML) 3:00 Bingo (ML) 4:15 Paper Craft Hour with Adrijana (ML) 6:30 Movie Night (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses on Back for Class Times (ML) 2:00 Did You Know? Mothers Throughout History (ML) 3:00 Manicures & Music (ML) 7:00 Euchre Club (ML)	10:00-11:00 Felix the Therapy Dog Visit (ML) 10:00 FIT Balance (ML) 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Family Feud (Wii) (ML) 3:00 Bingo (ML) 4:15 Wordle w/ Adrijana (ML) 6:30 Movie Night (ML)	9:30- 11:30 Shopping Outing to Westdale Mall 10:00 Relaxing Yoga (IPAD)(ML) 2:00 Walking Club (ML) 2:30 Group Crosswords (ML) 4:00 HAPPY HOUR (ML) ★	Brain Game Puzzle Package— Pick-up at Reception 10:30 HASFIT Exercise Class (IPAD) 1:30 Wordle with Colin (IPAD) (ML) 2:00 Bingo with Colin (ML) 4:15 Audrey Hepburn Special: Breakfast at Tiffany's (ML)
Brain Game Puzzle Package— Pick-up at Reception 10:30 Catholic Church Service (ML) 2:00 Word Guess (IPAD) (ML) 2:30 Euchre Club (ML) 6:30 Iron Jungle - Nature's Returns to Germany's Industrial Heartland Free Documentary Nature (YouTube) (ML)	VICTORIA DAY 10:00 HASFIT Exercise Class (IPAD) (ML) 11:00 Wordscapes (IPAD) (ML) 2:00 Walking Club—Resident Run 3:00 Scattergories (ML) 7:00 Cribbage Club (SL)	10:30 Yoga with Sheila (ML) 2:00 Bridge Club (SL) 2:00 Town Hall (ML) 3:00 Bingo (ML) 4:15 Paper Craft Hour with Adrijana (ML) 6:30 Movie Night (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses on Back for Class Times (ML) 10:00 Color Carnival (JW) 2:00 Patio Snow Cones (ML) 3:30 Hand Spa (ML) 7:00 Euchre Club (ML)	10:00-11:00 Felix the Therapy Dog Visit (ML) 10:00 FIT Balance (ML) 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Wheel of Fortune (Wii) (ML) 3:00 Bingo (ML) 4:15 Wordle w/ Adrijana (ML) 6:30 Movie Night (ML)	10:00 FIT Strength & Balance (ML) 11:00 Group Crosswords (IPAD) (ML) 12:00 Picnic at Erindale Park 2:00 Walking Club—Resident Run 3:00 Cupcake Liner Butterfly Craft (ML)	Brain Game Puzzle Package— Pick-up at Reception 10:30 HASFIT Exercise Class (IPAD) 1:30 Wordle with Colin (IPAD) (ML) 2:00 Bingo with Colin (ML) 3:30 Board Games Hour (ML) 4:15 Audrey Hepburn Special: Sabrina (ML) 7:00 Mississauga Symphony Orchestra: Alpine Symphony
Brain Game Puzzle Package— Pick-up at Reception 10:30 Catholic Church Service (ML) 2:00 Word Guess (IPAD) (ML) 2:30 Euchre Club (ML) 6:30 Back to Nature - Wild Animals Return to Their Natural Habitat (YouTube) (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses on Back for Class Times (ML) 2:00 Walking Club—Resident Run 2:00 Rummy-O (ML) 3:00 Scattergories (ML) 7:00 Cribbage Club (SL)	10:00 FIT Strength (ML) 11:00 Art 4 Life (ML) 2:00 Bridge Club (SL) 2:00 Zoomed in (IPAD) (ML) 2:30 Culinary Meeting (DR) 3:00 Bingo (ML) 4:15 Paper Craft Hour with Adrijana (ML) 6:30 Movie Night (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses on Back for Class Times (ML) 2:00 Let's Make Chocolate-Hazelnut Fruit Pizza! (ML) 3:00 Book Club (SL) 3:30 Group Crosswords (IPAD)(ML) 7:00 Euchre Club (ML)	10:00-11:00 Felix the Therapy Dog Visit (ML) 10:00 Drum Fitness (ML) 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Recreation Meeting (ML) 3:00 Bingo (ML) 4:15 Wordle w/ Adrijana (ML) 6:30 Movie Night (ML)	9:30- 11:30 Shopping Outing to South Common Mall 10:00 Relaxing Yoga (IPAD) (ML) 2:00 Walking Club (ML) 2:30 Wordscapes (ML) 3:00 Wheel of Fortune (ML)	

ML: Main Lounge

DR: Dining Room

SL: Skyview Lounge

GC: Garden Corner

TN: The Nook

JW: Jokers Wild

TFH: Third Floor Hallway

Events in Purple: Sign Up