

PERKS & PLUSES THIS MONTH

MONDAYS: Exercise with the LHIN — Store to Door Orders Due

- 9:00am— Seated Tai Chi
- 10:00am— Falls Prevention
- 11:00am— Movement Matters

WEDNESDAYS: Exercise with the LHIN

- 9:00am— Movement Matters
- 10:00am— Falls Prevention
- 11:00am— Seated Tai Chi

THURSDAYS: Store to Door Delivery

FRIDAYS: Hair & Nail Salon— by appointment only. Schedule at front desk.

UPCOMING

SOPHIA LOREN MOVIE SPECIAL: Step into the timeless allure of classic cinema with our Sophia Loren Movie Special! Experience the charm, grace, and extraordinary talent of one of the most iconic actresses in film history. This special collection brings together some of Loren's most celebrated performances, showcasing her versatility and captivating screen presence. Don't miss this cinematic event that honors a true legend of the silver screen! **Date: Every Saturday at 4.15 pm**

JOIN A CLUB!

Congratulations to the newest members of the Erinview Retirement Living! It's great to see more residents joining clubs.

Remember—there are numerous clubs looking for new members!

1. Euchre Club
2. Card Making Club
3. Book Club

Speak to Alejandro to learn more!



EVENTS CALENDAR | SEPTEMBER

HIGHLIGHTS



HELLO SEPTEMBER

CHUDLEIGH’S APPLE FARM & LUNCH: Discover the joy of picking your own apples, tasting the sweetness of the harvest right off the branch. Beyond apple picking, explore other farm’s attractions, including a petting zoo, hayrides, and their charming café serving fresh farm-to-table meals.

Date: September 20th at 9.30 am

HAPPY HOUR & WHO’S THAT KID?: Get ready to flex your detective skills and your memory as you try to identify your fellow players from their adorable childhood photos. Whether you are a master guesser or just in it for the fun, “Who’s That Kid!” promises to bring laughter, connection, and a touch of sweet nostalgia. Gather your photos and get ready for a guessing game like no other! **Date: September 25th at 3.30 pm**

WELCOME HOME & BIRTHDAY CELEBRATION WITH MICHAEL STASHUK: This is more than just a party; it's a celebration of life, love, and the cherished moments that connect us. Join us in toasting the journey we’ve shared and the exciting adventures to come. Welcome home, and happiest of birthdays—may this celebration be as memorable as you are!

Date: September 27th at 2.00 pm

Card Making Club

Tuesday, September 3rd

Yoga with Sheila

Thursday, September 5th

Did You Know? Labour Day

Tuesday, September 10th

Let’s Make Pesto!

Friday, September 11th

Yoga with Sheila

Thursday, September 19th

Chudleigh’s Apple Farm & Lunch

Friday, September 20th

Let’s Make Apple Pie!

Monday, September 23th

Town Hall

Tuesday, September 24th

Happy Hour & Who’s That Kid?

Wednesday, September 25th

Welcome Home & Birthday

Celebration with Michael

Stashuk

Friday, September 27th



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Retirement Living



2630 Fifth Line West |
Mississauga, ON | L5K 0A8
905-823-6700

SOCIAL & RECREATIONAL ACTIVITIES - SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Brain Game Puzzle Package— Pick-up at Reception 1 10:30 Catholic Church Service (ML) 2:00 Word Guess (IPAD) (ML) 2:30 Euchre Club (ML) 6:30 Nature Docuseries: Down To Earth With Zac Effron: Iceland (Netflix) (ML)	LABOUR DAY 2 10:30 HASFIT Exercise Class (IPAD) 3:00 Scattergories (ML) 7:00 Cribbage Club (SL)	10:00 FIT Balance (ML) 3 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Card Making Club (ML) 3:00 Bingo (ML) 6:30 Movie Night (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses 4 2:00 Paper Craft Hour (ML) 3:00 Hand Spa & Current Events (ML) 7:00 Euchre Club (ML)	10:30 Yoga with Sheila (ML) 5 2:00 Bridge Club (SL) 2:00 Rummy-O (ML) 3:00 Bingo (ML) 4:15 Wordle w/ Adrijana (ML)	10:00 Relaxing Yoga (IPAD) (ML) 6 11:00 Wordscapes (IPAD) (ML) 2:00 Yahtzee! (ML) 3:00 Wheel of Fortune (Wii) (ML)	Brain Game Puzzle Package — Pick-up at Reception 7 10:30 HASFIT Exercise Class (IPAD) 1:00 Wordle with Colin (IPAD) (ML) 2:00 Bingo with Colin (ML) 3:30 Board Games Hour (ML) 4:15 Sophia Loren Special: The Millionairess (ML)
Brain Game Puzzle Package— Pick-up at Reception 8 10:30 Catholic Church Service (ML) 2:00 Word Guess (IPAD) (ML) 2:30 Euchre Club (ML) 6:30 Nature Docuseries: Down To Earth With Zac Effron: France (Netflix) (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses 9 2:00 Rummy-O (ML) 3:00 Scattergories (ML) 7:00 Cribbage Club (SL)	10:00 FIT Balance (ML) 10 10:00 Color Carnival (JW) 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Did You Know? Labour Day (ML) 3:00 Bingo (ML) 6:30 Movie Night (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses 11 2:00 Let’s Make Pesto! (ML) 3:30 HAPPY HOUR & TRIVIA (ML) 7:00 Euchre Club (ML)	10:00-11:00 Felix the Therapy Dog Visit 12 10:00 FIT Strength (ML) 11:00 Group Crosswords (ML) 2:00 Bridge Club (SL) 2:00 Paper Plate Weaving (ML) 3:00 Bingo (ML) 4:15 Wordle w/ Sharon (ML)	9:30-11:30 Shopping Outing to South Common Mall 13 10:00 Relaxing Yoga (IPAD) (ML) 2:00 Travel to Jamaica! (ML) 3:00 Family Feud (Wii) (ML)	Brain Game Puzzle Package — Pick-up at Reception 14 10:30 HASFIT Exercise Class (IPAD) 1:00 Wordle with Colin (IPAD) (ML) 2:00 Bingo with Colin (ML) 3:07 Blue Jays vs Cardinals (ML) 4:15 Sophia Loren Special: Boy On A Dolphin (ML)
Brain Game Puzzle Package— Pick-up at Reception 15 10:30 Catholic Church Service (ML) 2:00 Word Guess (IPAD) (ML) 2:30 Euchre Club (ML) 6:30 Nature Docuseries: Down To Earth With Zac Effron: Costa Rica (Netflix) (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses 16 2:00 Let’s Make Quesadillas! (ML) 3:00 Scattergories (ML) 7:00 Cribbage Club (SL)	10:00-11:00 Felix the Therapy Dog Visit 17 10:00 FIT Balance (ML) 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Culinary Meeting (ML) 3:00 Bingo (ML) 6:30 Movie Night (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses 18 2:00 Beach Volleyball (ML) 3:00 Hand Spa & Current Events (ML) 7:00 Euchre Club (ML)	10:00-11:00 Felix the Therapy Dog Visit 19 10:30 Yoga with Sheila (ML) 2:00 Bridge Club (SL) 2:00 Recreation Meeting (ML) 3:00 Bingo (ML) 4:15 Wordle w/ Adrijana (ML)	9:30 Chudleigh’s Apple Farm & Lunch 20 10:00 Relaxing Yoga (IPAD) (ML) 2:00 Wheel of Fortune (Wii) (ML) 3:00 Manicures & Music (ML)	Brain Game Puzzle Package — Pick-up at Reception 21 10:30 HASFIT Exercise Class (IPAD) 1:00 Wordle with Colin (IPAD) (ML) 2:00 Bingo with Colin (ML) 3:30 Board Games Hour (ML) 4:15 Sophia Loren Special: The Fall of the Roman Empire (ML)
Brain Game Puzzle Package— Pick-up at Reception 22 10:30 Catholic Church Service (ML) 2:00 Word Guess (IPAD) (ML) 2:30 Euchre Club (SL) 6:30 Nature Docuseries: Down To Earth With Zac Effron: Sardinia (Netflix) (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses 23 2:00 Let’s Make Apple Pie! (ML) 3:00 Scattergories (ML) 7:00 Cribbage Club (SL)	10:00 FIT Balance (ML) 24 10:00 Color Carnival (JW) 11:00 Crazy Cards (ML) 2:00 Bridge Club (SL) 2:00 Town Hall (ML) 3:00 Bingo (ML) 6:30 Movie Night (ML)	9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses 25 2:00 Flower Pens Craft (ML) 3:00 Book Club (SL) 3:30 HAPPY HOUR & WHO’S THAT KID? (ML) 7:00 Euchre Club (ML)	10:00-11:00 Felix the Therapy Dog Visit 26 10:00 Drum Fitness (ML) 11:00 Travel to Colombia! (ML) 2:00 Bridge Club (SL) 2:00 Group Crosswords (ML) 3:00 Bingo (ML) 4:15 Wordle w/ Sharon (ML)	9:30-11:30 Shopping Outing to Westdale Mall 27 10:00 Relaxing Yoga (IPAD) (ML) 2:00 Welcome Home & Birthday Celebration with Michael Stashuk (ML) 3:30 Family Feud (Wii) (ML)	Brain Game Puzzle Package — Pick-up at Reception 28 10:30 HASFIT Exercise Class (IPAD) 1:00 Wordle with Colin (IPAD) (ML) 2:00 Bingo with Colin (ML) 3:07 Blue Jays vs Marlins (ML) 4:15 Sophia Loren Special: Legend of the Lost (ML)
Brain Game Puzzle Package— Pick-up at Reception 29 10:30 Catholic Church Service (ML) 2:00 Word Guess (IPAD) (ML) 2:30 Euchre Club (ML) 6:30 Nature Docuseries: Down To Earth With Zac Effron: Lima (Netflix) (ML)	NATIONAL DAY FOR TRUTH AND RECONCILIATION 30 9:00-11:00 Exercise with the LHIN (ML) See Perks & Pluses 2:00 Did You Know? National Day For Truth and Reconciliation (ML) 3:00 Scattergories (ML) 7:00 Cribbage Club (SL)					Check out the monthly Perks and Pluses calendar on the back cover.

ML: Main Lounge

DR: Dining Room

SL: Skyview Lounge

GC: Garden Corner

TN: The Nook

JW: Jokers Wild

TFH: Third Floor Hallway

Events in Purple: Sign Up