

MAKING SUMMER MEMORIES

Join in on some outdoor fun with S’mores by the Fire, our Cottage Life Party and a Summer Eve Under the Stars!

LIVING WELL PERKS & PLUSES - JULY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	In-Home Hearing SB 4 Appts start at 10:00am	Hairdressing HS 5 Appts start at 9:00am	Store to Door 6 1:00pm—4:00pm	Hairdressing HS 7 Appts start at 9:00am
10	11	Hairdressing HS 12 Appts start at 9:00am	Store to Door 13 1:00pm—4:00pm	Hairdressing HS 14 Appts start at 9:00am
17	18	Hairdressing HS 19 Appts start at 9:00am	Store to Door 20 1:00pm—4:00pm	Hairdressing HS 21 Appts start at 9:00am
Visiting Library Pick Up 24	Visiting Library Drop Off 25	Hairdressing HS 26 Appts start at 9:00am	Store to Door 27 1:00pm—4:00pm	Hairdressing HS 28 Appts start at 9:00am
		In need of a HAIR APPOINTMENT? Please call Sue at (519) 709-9712		In need of FOOT CARE or PHYSIO? Contact our Wellness Team to make an appointment with VITALIS

SB: Small Board Room HS: Hair Salon WC: Wellness Centre
LL: Leisure Lounge TBA: To Be Announced

LONGWORTH’S CLASSIC CAR SHOW

On Wednesday, July 19th at 6:30pm we will be hosting our annual Classic Car Show. Come out and see the most beautiful vintage cars while you listen to live music from the Three Penny Piece Band. We’ll be serving hot dogs and ice cream treats for your enjoyment.



CANADA DAY

Let’s come together for Canada’s Birthday! We will be celebrating on Saturday, July 1st with Canada-themed activities and a true north strong and free party featuring the enthusiastic sounds of the Dixie 5 Band.

Show that you are a proud Canadian by wearing your red and white on July 1st!



- Canada Day Party**
Saturday, July 1st
- Summer Themed—Movie Series**
Every Saturday in July
- Mary Tyler Moore Show**
Every Sunday in July
- Dunphy Smith Entertainment**
Thursday, July 6th
- Seeing Canada: Documentary Travel Series**
Every Friday in July
- Summer Barbeque Lunches**
July 7th, July 14th, and July 21st
- Bus to Port Stanley**
Wednesday, July 12th
- S’mores by the Fire**
Thursday, July 13th
- Bus to Cherryhill Mall**
July 14th, July 21st
- Classic Car Show**
Wednesday, July 19th
- Cottage Life Party**
Friday, July 21st
- Summer Eve Under the Stars**
Thursday, July 27th
- Jelly Bean Day**
Monday, July 31st

 Like us on facebook!
facebook.com/DorchesterTerraceRetirement

SOCIAL & RECREATIONAL ACTIVITIES - JULY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						CANADA DAY 1 Anytime Activity Booklet 10:15 Chair Yoga LL 11:00 Canadian Trivia LL 2:30 Canada Day Party B/PL Entertainment: Dixie 5 Band 7:00 Movie: The Great Outdoors LL
10:00 Church Service 2 Channel 12—On TV 10:30 Hymn Sing PL 2:00 TV Show: Mary Tyler Moore (S1 E.16,17,18) AJC 7:00 Andre Rieu in Concert AJC	9:45 VON Exercise Class LL 3 11:00 Lawn Darts CY 1:30 Cribbage C 2:00 Colouring Canada LH 3:00 Bingo LL 7:00 Checkers LL	10:00 Fun Fitness Larry LL 4 11:00 Blue Jays Jigsaw LL 2:00 Different Strokes B 2:00 Euchre LL 3:00 Cranium Crunches AJC 6:00 Blue Jays Word Search R 7:00 Scrabble AYJ 8:10 Blue Jays Fan Club B	9:45 VON Exercise Class LL 5 10:30 Bus to Huron Country 2:30 Scoops Shaw’s Ice Cream B 3:00 Canada Crossword R	10:15 Heels & Wheels B 6 11:00 Trivia LL 3:00 Entertainment: Dunphy Smith PL 7:00 Movie: Maudie (highlighting Canadian Painter Maude Lewis) LL	10:00 Seeing Canada: Nimmo Bay & Manitoulin Island Documentary with Canadian-Themed Refreshments AJC 12:00 BBQ Lunch SU/CY 3:00 Newcomers Social LL 7:00 Pepper Game LL	Anytime Activity Booklet 8 10:15 Chair Yoga LL 2:30 Board Games AJC 7:00 Movie: E.T. LL
10:00 Church Service 9 Channel 12—On TV 10:30 Hymn Sing PL 2:00 TV Show: Mary Tyler Moore (S1 E.19,20,21) AJC 2:00 Music With Ernie PL/B 7:00 Andre Rieu in Concert AJC	9:45 VON Exercise Class LL 10 11:00 Ladder Ball CY 1:30 Pet Therapy-Calla LL 1:30 Cribbage C 2:00 Colouring Canada LH 3:00 Bingo LL 7:00 Crokinole LL	10:00 Fun Fitness Larry LL 11 11:00 Blue Jays Jigsaw LL 2:00 Different Strokes B 2:00 Bridge LL 3:00 Cranium Crunches AJC 6:00 Blue Jays Word Search R 7:00 Scrabble AYJ	9:45 VON Exercise Class LL 12 10:00 Coffee Club C 11:00 Port Stanley Bus Tour Lunch at the Buccaneer SU 2:30 Scoops Shaw’s Ice Cream B 3:00 Canada Crossword R 4:00 Longworth Pub B	10:15 Heels & Wheels B 13 11:00 Trivia LL 2:30 Town Hall Meeting PL 3:30 Culinary Meeting B 7:00 S’mores by the Fire CY	9:45 Bus to Cherryhill SU 14 10:00 Seeing Canada: Saskatoon & Winnipeg Doc. with Canadian-Themed Refreshments AJC 12:00 BBQ Lunch SU/CY 3:00 Show & Tell LL 7:00 Pepper Game LL	Anytime Activity Booklet 15 10:15 Chair Yoga LL 2:30 Board Games AJC 7:00 Movie: Grease LL
10:00 Church Service 16 Channel 12—On TV 10:30 Hymn Sing PL 2:00 TV Show: Mary Tyler Moore (S1 E.22,23,24) AJC 7:00 Andre Rieu in Concert AJC	9:45 VON Exercise Class LL 17 11:00 Frisbee Toss CY 1:30 Cribbage C 2:00 Colouring Canada LH 3:00 Bingo LL 7:00 Checkers LL	10:00 Fun Fitness Larry LL 18 11:00 Blue Jays Jigsaw LL 2:00 Different Strokes B 2:00 Euchre LL 3:00 Cranium Crunches AJC 6:00 Blue Jays Word Search R 7:00 Blue Jays Fan Club B 7:00 Scrabble AYJ	9:45 VON Exercise Class LL 19 10:00 Coffee Club C 3:00 Canada Crossword R 6:30 Classic Car Show with BBQ and Ice Cream O 6:30 Entertainment: Three Penny Piece Band O	10:15 Heels & Wheels B 20 11:00 Trivia LL 1:30 Creative Crafts LL 2:30 Birthday Party (Invitation Only) LL 4:00 Book Club AJC	9:45 Bus to Cherryhill SU 21 10:00 Seeing Canada: Lake Louise & Niagara Falls Doc. with Canadian-Themed Refreshments AJC 12:00 BBQ Lunch SU/CY 3:00 Cottage Life Party CY 7:00 Pepper Game LL	Anytime Activity Booklet 22 10:15 Chair Yoga LL 2:30 Board Games LL 7:00 Movie: The Graduate LL
10:30 Hymn Sing PL 23 2:00 Music With Ernie PL/B 2:00 TV Show: Mary Tyler Moore (S2 E. 1,2,3)	9:45 VON Exercise Class LL 24 11:00 Axe Throwing CY 1:30 Pet Therapy-Calla LL 3:00 Bingo LL	10:00 Fun Fitness Larry LL 25 11:00 Blue Jays Jigsaw LL 2:00 Different Strokes B 2:00 Bridge LL 3:00 Cranium Crunches AJC 6:00 Blue Jays Word Search R 7:00 Blue Jays Fan Club B	9:45 VON Exercise Class LL 26 10:00 Coffee Club C 10:30 Bus to Huron Country 2:30 Scoops Shaw’s Ice Cream B 3:00 Canada Crossword R	10:15 Heels & Wheels B 27 11:00 Trivia LL 2:30 Juke Box Oldies AJC 4:00 Longworth Pub B 7:00 Summer Eve Under the Stars CY	10:00 Seeing Canada: Nfld & NWTerritories Doc. with Canadian-Themed Treats AJC 10:00 Resident-hosted Sale (Proceeds to 519Pursuit) B/PL 2:30 Ice Cream Sundaes B 3:30 August Calendar R 7:00 Pepper Game LL	Anytime Activity Booklet 29 10:15 Chair Yoga LL 2:30 Board Games LL 7:00 Movie: Stand By Me LL
10:30 Hymn Sing PL 30 2:00 TV Show: Mary Tyler Moore (S2 E. 4,5,6,) 7:00 Andre Rieu in Concert	9:45 VON Exercise Class 31 11:00 Horseshoes CY 1:30 Cribbage C 3:00 Bingo LL					

AJC: AJ Casson Sitting Room

AYJ: A.Y. Jackson Sitting Room

B: Bar

C: Café

CY: Court Yard

D: Dining Room

E: Exercise Room

F: Family Dining Room

JEH: J.E.H Macdonald Sitting Room

LH: Lawren Harris Sitting Room

LL: Leisure Lounge

O: Outdoors

PL: Piano Lounge

R: Reception Desk

TBA: To Be Announced

TT: Tom Thomson Sitting Room

Events in Purple: Sign Up