SPOTLIGHT

EVENTS CALENDAR | June 2022

The Ultimutts Stunt Dog Show

The Ultimutts is a one-of-a-kind stunt dog and cat entertainment act. It features the ultimate underdog to wonder dog stories where the animals coming from shelters, rescues, and strays end up as performers and A-list actors! The show will be live at Longworth on Wednesday, June 15th at 2:30pm.

LIVING WELL PERKS & PLUSES - June 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Hairdressing HS Appts start at 9:00am	In Home Hearing 2 SB Appts start at 10:00am Store to Door 1:00-4:00pm	Hairdressing HS Appts start at 9:00am	4
5	6	7	8 Hairdressing HS Appts start at 9:00am	9 Store to Door 1:00-4:00pm	10 Hairdressing HS Appts start at 9:00am	11
12	13	14	15 Hairdressing HS Appts start at 9:00am	16 Store to Door 1:00-4:00pm	17 Hairdressing HS Appts start at 9:00am	18
19	20	21	22 Hairdressing HS Appts start at 9:00am	23 Store to Door 1:00-4:00pm	24 Hairdressing HS Appts start at 9:00am	25
26	27	28	29 Hairdressing HS Appts start at 9:00am	30 Store to Door 1:00-4:00pm		

B: Bar **SB:** Small Boardroom **SFT:** Second Floor Therapy Room **SFP:** Second Floor Physio Room **M:** Multi Purpose Room **W:** Wellness Office **TR:** Treatment Room HS: Hair Salon

HAPPY BIRTHDAY!

Marilyn Dutton — June 4 | **Marguerite Sherman** — June 5 | **Sandra Sinker** — June 15 Shirley Campbell — June 19 Barbara Miller — June 20 | Jean Cullis — June 21 Anneliese Eppel — June 22 | Lyla Best — June 25 | Carl Lapp — June 29



HAPPY FATHER'S DAY

We will be celebrating Fathers and the men we look up to as father figures on Sunday, June 19th. We will be raising a glass and sharing some sweet treats in honour of these wise, wonderful and supportive men.

> "The quiding light of my father has proven, to be the brightest star in the sky." -unknown



Sifton Retirement Living

HIGHLIGHTS



Ontario Election Day

The Queen's Platinum Jubilee Birthday Parade

Father-Themed Movie Series

Father Knows Best TV Show Every Sunday in June

Wheel of Fortune

Seniors' Month Social Friday, June 10th

Outdoor Barbeque Lunch Tuesdays, June 14th & 28th

Ultimutts Dog Stunt Show

Evergreen Band

Father's Day Social Sunday, June 19th

New Horizons Band

Sophisticated Ladies Trio Friday, June 24th

Margaritas on the Patio Thursday, June 30th



Like us on facebook! facebook.com/LongworthRetirement

600 Longworth Road | London, ON | N6K 4X9

SOCIAL & RECREATIONAL ACTIVITIES - JUNE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			 9:30 VON Virtual Exercise 1 Class M 10:00 Lawn Darts CY 11:00 VON Virtual Exercise M 3:00 Derby Horse Racing M 	Queen's Platinum Jubilee 2 9:30 A Move in the Right Direction M 10:00 Crokinole LH 10:00 Crochet for a Cause 11:00 Royal Trivia M 2:00 Queen's Birthday Parade 2:30 The Goldie's B/PL WEAR RED WHITE & BLUE	9:30 VON Virtual Exercise 3 Class M 10:00 Visit from Geordie 10:15 Bus to Cherryhill Mall SU 3:00 Jubilee High Tea M 7:00 Pepper Game M	Anytime Activity Booklet Get your copy at the First Floor Sign-up Binder or Second Floor Elevator 10:15 Chair Yoga M 2:00 Movie: Dad M 7:00 Movie: Dad M
 D:00 Sing Your Way 5 Ome PL D:00 Church Service hannel 12 – On TV 00 Music with Ernie PL 00 TV Show: Father Knows est (S1 Ep.1,2,3) M 00 Andre Rieu in Concert M 	 10:00 A Move In The Right 6 Direction M 11:00 VON Virtual Exercise Class M 1:30 Cribbage AYJ 3:00 Bingo M 	 10:00 Travelogue: Bahamas7 AJC 10:00 Fun Fitness with Larry M 2:00 Euchre M 8:00 Blue Jays Fan Club M 7:00 Scrabble AYJ 	9:30 VON Virtual Exercise 8 Class M 10:00 Bean Bag Toss CY 10:15 Bus to New Sarum Diner SU 11:00 VON Virtual Exercise M 3:00 Wheel Of Fortune M	9:30 A Move in the Right 9 Direction M 10:00 Crokinole LH 10:00 Crochet for a Cause AJC 11:00 Trivia M 3:00 Town Hall Meeting B/PL	 9:30 VON Virtual Exercise 10 Class M 10:00 Visit from Geordie 10:15 Bus to Cherryhill Mall SU 3:00 Seniors' Month Social B 7:00 Pepper Game M 	Anytime Activity Booklet 1 Get your copy at the First Floor Sign-up Binder or Second Floor Elevator 10:15 Chair Yoga M 2:00 Movie: Father of the Bride M 7:00 Movie: Father of the Bride M
0:00 Sing Your Way 12 ome PL 0:00 Church Service hannel 12 – On TV :00 TV Show: Father Knows est (S1 Ep.4,5,6) M :00 Andre Rieu in Concert M	Direction M 11:00 VON Virtual Exercise Class M 1:30 Cribbage AYJ 3:00 Bingo M	10:00 Travelogue: Arizona 14 AJC 10:00 Fun Fitness with Larry M 12:00 BBQ Lunch CY SU 2:00 Bridge M 2:30 Creative Creations LH 7:00 Blue Jays Fan Club M	9:30 VON Virtual Exercise 15 Class M 11:00 VON Virtual Exercise M 2:30 Ultimutts Dog Show CY 5:00 Bus to Mackie's/Shaw's Ice cream SU	Right Direction M	 9:30 VON Virtual Exercise 17 Class M 10:00 Visit from Geordie 10:15 Bus to Cherryhill Mall SU 2:30 Birthday Party PL/B 2:30 Evergreen (Entertainment) PL/B 7:00 Pepper Game M 	Anytime Activity Booklet 13 Get your copy at the First Floor Sign-up Binder or Second Floor Elevator 10:15 Chair Yoga M 2:00 Movie: Sleepless in Seattle M 7:00 Movie: Sleepless in Seattle M
0:00 Sing Your Way 19 lome PL 0:00 Church Service channel 12 – On TV 1:00 Book Club M :00 TV Show: Father Knows sest (S1 Ep.7,8,9) M :00 Father's Day Social B :00 Andre Rieu in ConcertM	Direction M 11:00 VON Virtual Exercise Class M 1:30 Cribbage AYJ 3:00 Bingo M	10:00 Travelogue: Jamaica 21 AJC 10:00 Fun Fitness with Larry M 2:00 Euchre M 8:00 Blue Jays Fan Club M 7:00 Scrabble AYJ Visiting Library Drop Off	9:30 VON Virtual Exercise 22 Class M 10:15 Bus to Walmart SU 11:00 VON Virtual Exercise M 2:00 Scoops B 3:00 Will Bowling M	Gay Pride2310:00 Crokinole LH10:00 Crochet for a CauseAJC2:30 Trivia M7:00 New Horizons Band(Entertainment) OWEAR RAINBOW COLOURS	 9:30 VON Virtual Exercise 24 Class M 10:00 Visit from Geordie 10:15 Bus to Cherryhill Mall 2:30 Lyla Best's 103rd Birthday Party PL 2:30 Sophisticated Ladies PL 7:00 Pepper Game M 	Anytime Activity Booklet 2 Get your copy 10:15 Chair Yoga M 2:00 Movie: Fathers & Daughters M 7:00 Movie: Fathers & Daughters M
0:00 Sing Your Way 26 ome PL 0:00 Church Service hannel 12 – On TV :00 Music with Ernie PL :00 TV Show: Father Knows est (S1 Ep.10,11,12) M :00 Andre Rieu in Concert	 10:00 A Move In The Right27 Direction M 11:00 VON Virtual Exercise Class M 1:30 Cribbage AYJ 3:00 Bingo M 	 10:00 Travelogue: Hawaii 28 AJC 10:00 Fun Fitness with Larry M 12:00 BBQ Lunch CY SU 2:00 Bridge M 7:00 Blue Jays Fan Club M 7:00 Scrabble AYJ 	9:30 VON Virtual Exercise 29 Class M 10:15 Bus to Cherryhill Mall SU 11:00 VON Virtual Exercise M 2:00 Scoops B 3:00 Golf M	9:30 A Move in the Right 30 Direction M 10:00 Crokinole LH 10:00 Crochet for a Cause AJC 11:00 Trivia M 2:30 Margaritas on the Patio O		