

MONDAYS: Visiting Library Pick Up on May 20th

TUESDAYS: In-Home Hearing on May 7th, Visiting Library Drop Off on May 21st

WEDNESDAYS: Hairdressing Appointments (in the Hair Salon)

THURSDAYS: Store to Door Deliveries from 1:00-4:00pm

FRIDAYS: Hairdressing Appointments (in the Hair Salon)

UPCOMING

MOTHERS AND OTHERS APPRECIATION:

SATURDAY, MAY 11TH

We will be celebrating Mothers and others on Saturday May 11th, ahead of Mother's day on Sunday, May 12th. This a wonderful occasion to acknowledge the loving and caring role models that shape our lives. We will be honouring our Mothers with a toast and some special treats.

JOIN A GROUP!

Dorothy Adams leads our Art Painting Class. No Art Experience Necessary! Paint and Socialize with others. Every Tuesday in May 2:00pm in the Bar area.

Remember—there are numerous clubs and groups looking for your participation!

1. Art Painting Class
2. Walking Club
3. Knitting & Crochet Group:
Crochet for a Cause



Above: Our residents took part in the Community Clean Up that is held annually on April 22nd in celebration of Earth Day! What a beautiful day to get outside and clean up our neighbourhood.

MAY FEATURES

National Nurses Week: Its National Nurses week from May 6th-May 10th, and we will be celebrating our Longworth resident nurses. All are welcome to join the nurses at a social on Friday May 10th at 3:00pm. Let's gather and share stories, and honour one another and pay tribute to this amazing profession.

Blue Jays Fan Club: Join us in the bar for Blue Jays Baseball every Tuesday evening in May! Stadium-style snacks and beer will be served, at no charge. Go Jays Go!

May Birthday Party: We're celebrating residents who have birthdays in May on the 23rd of this month. This is a chance for everyone to come together to enjoy live entertainment and refreshments! Family members are welcome to attend. Check the calendar monthly to see when the Birthday Party is taking place.

Entertainment: Once A Quartet
Thursday, May 2nd

International Tuba Day
Friday, May 3rd

Art Painting Class
Every Tuesday In May

Bus Trip City Tour
Wednesday, May 8th

Muffin Compares to You Picnic
Thursday, May 9th

Nurses Day
Friday, May 10th

Mothers & Others Social
Saturday, May 11th

Town Hall/ Culinary Meeting
Thursday, May 16th

Bus Trip to Steve Plunkett Estate
Friday, May 17th

Bus trip to Heeman's
Wednesday, May 22nd

May Birthday Party
Thursday, May 23rd

Hat Day
Wednesday, May 29th

Entertainment: Martin Gelinas
Thursday, May 30th

 **Like us on facebook!**
facebook.com/LongworthRetirement

SOCIAL & RECREATIONAL ACTIVITIES - MAY 2024

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|--|---|
| | | | 9:45 VON Exercise Class LL 1 10:00 Coffee Club C 2:00 Walker Wash CY 3:00 Scoops B 4:00 Longworth Pub B 7:00 Netflix Night LL | 10:00 CrochetForCause AJC 2 10:15 Heels & Wheels B 11:00 Trivia LL 2:30 Show & Tell PL 7:15 Entertainment: Once a Quartet PL | INT. TUBA DAY! 3 9:45 Trip to Cherryhill Mall su 10:00 Rick Steves' Europe: Visit Prague AJC 2:30 Take It Away with The Tuba LL 7:00 Pepper Game LL | Anytime Activity Booklet 4 2:00 Movie: Mother LL 2:30 Board Games AJC 7:00 Hockey Night In Canada B 7:00 Movie: Mother LL |
| 9:00 Sunday RC Mass Livestream –St. George LL 5 10:00 Church Service Channel 12—On TV 10:30 Hymn Sing PL 2:00 TVShow:Downton Abbey (S3 E.1,2) LL 7:00 Andre Rieu Concert AJC | 9:45 VON Exercise Class LL 6 11:00 Carpet Bowl B 1:30 Cribbage C 1:30 Pet Therapy w Calla LL 2:00 Relaxation Colouring LH 3:00 Bingo LL 4:00 Sing-along PL 7:00 Crokinole LH | 10:00 Fun Fitness Larry LL 7 11:00 Tech Talk LL 2:00 Euchre LL 2:00 Art Painting Class B 2:30 Tim Bit Tuesday C 3:15 Cranium Crunches AJC 7:00 Pet Therapy with Hank 7:00 Blue Jays Fan Club B | 9:45 VON Exercise Class LL 8 10:00 Bus Trip City Tour su 10:00 Coffee Club C 3:00 Scoops B 4:00 Longworth Pub B 7:00 Netflix Night LL | 10:00 CrochetForCause AJC 9 10:15 Heels & Wheels B 11:00 Trivia LL 2:30 Muffin Compares to You Picnic CY 5:30 Take Out Thursday Swiss Chalet LL | NURSES DAY WEAR WHITE! 10 10:00 Rick Steves' Europe: Visit Czech Republic AJC 3:00 Celebrating Nurses Social B/PL 7:00 Pepper Game LL | 9:45 In-Person Zumba LL 11 1:00 Nails with Jacey B 7:00 Movie: The Guilt Trip LL 2:30 Board Games AJC 2:30 Mothers & Others Social B/PL 7:00 Movie: The Guilt Trip |
| MOTHER'S DAY 12 9:00 Sunday RC Mass Livestream –St. George LL 10:00 Church Service 10:30 Hymn Sing PL 2:00 TVShow:Downton Abbey (S3 E.3,4) LL 7:00 Andre Rieu Concert AJC | 9:45 VON Exercise Class LL 13 11:00 Golf PL 1:30 Cribbage C 2:00 Relaxation Colouring LH 3:00 Bingo LL 4:00 Sing-along PL 7:00 Checkers LL | 10:00 Fun Fitness Larry LL 14 11:00 Tech Talk LL 2:00 Bridge LL 2:00 Art Painting Class B 2:30 Tim Bit Tuesday C 3:15 Cranium Crunches AJC 7:00 Pet Therapy with Hank 7:00 Blue Jays Fan Club B | 9:45 Trip to Cherryhill Mall su 15 9:45 VON Exercise Class LL 10:00 Coffee Club C 1:00-3:00 London Senior Games Cribbage LL 3:00 Scoops B 4:00 Longworth Pub B | 10:00 CrochetForCause AJC 16 10:15 Heels & Wheels B 11:00 Trivia LL 2:30 Town Hall Meeting B 2:30 Culinary Meeting B 4:00 Book Club LL | 9:45 Trip to Cherryhill Mall su 17 10:00 Rick Steves' Europe: Visit Poland AJC 1:30 Trip to Plunkett Estates su 2:30 Juke Box Oldies LL 7:00 Pepper Game LL | Anytime Activity Booklet 18 2:00 Movie: The Blind Side LL 2:30 Board Games AJC 7:00 Hockey Night In Canada B 7:00 Movie: The Blind Side LL |
| 9:00 Sunday RC Mass Livestream –St. George LL 19 10:00 Church Service Channel 12—On TV 10:30 Hymn Sing PL 2:00 TVShow:Downton Abbey (S3 E.5,6) LL 7:00 Andre Rieu Concert AJC | VICTORIA DAY 20 WEAR RED BLUE WHITE 1:30 Cribbage C 2:00 Relaxation Colouring LH 7:00 Crokinole LL | 10:00 Fun Fitness Larry LL 21 11:00 Tech Talk LL 2:00 Euchre LL 2:00 Art Painting Class B 2:30 Tim Bit Tuesday C 3:15 Cranium Crunches AJC 7:00 Pet Therapy with Hank 7:00 Blue Jays Fan Club B | 9:15 Bus to Heeman's su 22 9:45 VON Exercise Class LL 10:00 Coffee Club C 2:00 Flower Planting CY 3:00 Scoops B 4:00 Longworth Pub B 7:00 Netflix Night LL | 10:00 CrochetForCause AJC 23 10:15 Heels & Wheels B 11:00 Trivia LL 2:30 May Birthday Party B/PL 2:30 Entertainment: Larry Smith B/PL | 9:45 Trip to Cherryhill Mall su 24 10:00 Rick Steves' Europe: Visit Budapest AJC 2:30 Entertainment: Young at Heart Choir B/PL 7:00 Pepper Game LL | Anytime Activity Booklet 25 9:45 In-Person Zumba LL 2:00 Movie: Because I Said So LL 7:00 Hockey Night In Canada B 7:00 Movie: Because I Said So LL |
| 9:00 Sunday RC Mass Livestream –St. George LL 26 10:00 Church Service Channel 12—On TV 10:30 Hymn Sing PL 2:00 TVShow:Downton Abbey (S3 E.7,8) LL 7:00 Andre Rieu Concert AJC | 9:45 VON Exercise Class LL 27 11:00 Ladder Ball CY 1:30 Cribbage C 2:00 Relaxation Colouring LH 3:00 Bingo LL 4:00 Sing-along PL 7:00 Checkers LL | 10:00 Fun Fitness Larry LL 28 11:00 Tech Talk LL 2:00 Bridge LL 2:00 Art Painting Class B 2:30 Tim Bit Tuesday C 3:15 Cranium Crunches AJC 7:00 Pet Therapy with Hank 7:00 Blue Jays Fan Club B | HAT DAY! 29 9:45 VON Exercise Class LL 10:00 Coffee Club C 11:00 Bus to Pincroft su 3:00 Scoops B 4:00 Longworth Pub B 7:00 Netflix Night LL | 10:00 CrochetForCause AJC 30 10:15 Heels & Wheels B 11:00 Trivia LL 2:30 Entertainment: Martin Gelinis B/PL | WEAR YELLOW 31 9:45 Trip to Cherryhill Mall su 10:00 Rick Steves' Europe: Visit Croatia AJC 2:30 Soaking Up the Sun Party CY 7:00 Pepper Game LL | Check out the monthly Perks and Pluses calendar on the back cover. |

AJC: AJ Casson Sitting Room **AYJ:** A.Y. Jackson Sitting Room **B:** Bar **C:** Café **CY:** Court Yard **D:** Dining Room **E:** Exercise Room **F:** Family Dining Room
JEH: J.E.H Macdonald Sitting Room **LH:** Lawren Harris Sitting Room **LL:** Leisure Lounge **O:** Outdoors **PL:** Piano Lounge **TBA:** To Be Announced
TT: Tom Thomson Sitting Room **Events in Purple:** Sign Up