

APARTMENT SOCIAL & RECREATIONAL ACTIVITIES - MARCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						2:00 Movie Matinee CH 1
1:30 Knit & Stich NK 2 3:00 Happy Hour OTR 7:00 Academy Awards Watch Party CN	10:30 Hasfit Exercises FR 3 1:00-3:00 Mobility 1st CN 2:30 BINGO CR	10:30 Show and Tell SL 4 1:00 Trip to Byron Village Shopping Center L 1:45 Dominoes SL 2:00 Travel to New Orleans for Mardi Gras! (Virtual Travelogue) CH 3:00 Mardi Gras Party OTR 7:00 Evening Euchre CN	10:30 Hasfit Exercises FR 5 1:00 Billiards NK 1:30 Art with Bill CR 2:00 Creative Writing with Western University Students CN 3:00 Happy Hour OTR	11:00 Western Fair Casino L 6 12:45 Relaxation & Meditation CH 1:00 Ageless Grace FR 2:00 Bridge SL 2:00 Bowling OTR 7:00 Movie Night CH	10:15 Coffee Social SL 7 10:30 Hasfit Exercises FR 1:30 Euchre SL 2:00 Corn Hole Tournament OTR 3:00 Riverbend Family Church Service CH	International Women's Day 8 1:30 Community Drum Circle OTR 2:00 Movie Matinee CH 2:00 Board Games SL 2:30 Women's Day Social OTR
1:30 Knit & Stich CN 9 1:30 L.I.F.E Group CH 2:00 Trivia SL 3:00 Happy Hour OTR	10:30 Hasfit Exercises FR 10 10:00-12:00 Alterations with Misao BL 1:30 Qi Gong Exercises FR 2:00 Ping Pong Club P 2:30 BINGO CR	10:30 Grief, Loss & Support Group SL 11 1:00 Trip to Cherryhill Mall L 1:45 Dominoes SL 2:00 Roman Catholic Rosary Service CN 7:00 Evening Euchre CN	10:30 Hasfit Exercises FR 12 1:00 Billiards NK 1:30 Art with Bill CR 3:00 Happy Hour & Entertainment with Paul Byers OTR	11:00 Riverstone Readers SL 13 12:45 Relaxation & Meditation CH 2:00 Bridge SL 2:00 London Fire Department Presentation: Fire Safety SR 7:00 Movie Night CH	10:30 Hasfit Exercises FR 14 1:30 Euchre SL 3:00 Riverbend Family Church Service CH 7:00 Karaoke Night OTR	10:30 Creative Writing with Western University Students CN 15 1:00 Bridge Tips with Sandy SL 1:30 Bridge SL 1:00 Chair Yoga FR 2:00 Movie Matinee CH
1:30 Knit & Stich CN 16 3:00 Happy Hour OTR	St. Patrick's Day 17 10:30 Hasfit Exercises FR 2:00-3:30 St. Patrick's Day Party & Entertainment with Jim Chapman OTR 6:30 BINGO CR	10:30 Conversation Cafe SL 18 1:00 Farm Boy & Angelos L 1:45 Dominoes SL 2:00 Puter's R Us SL 7:00 Evening Euchre CN	10:30 Hasfit Exercises FR 19 1:00 Billiards NK 1:30 Art with Bill CR 2:00 Paul's Presentation CH 3:00 Happy Hour OTR	First Day of Spring 20 10:30 Mystery Tour Drive L 12:45 Relaxation & Meditation CH 1:00 Ageless Grace FR 2:00 Bridge SL 7:00 Movie Night CH	10:15 Coffee Social SL 21 10:30 Hasfit Exercises FR 1:30 Euchre SL 1:30 Giddy Up Line Dancing SR 3:00 Riverbend Family Church Service CH	10:30 Coffee & Music with Devon OTR 22 2:00 Board Games SL 2:00 Movie Matinee CH 3:00 Shuffleboard NK
1:30 Knit & Stich CN 23 1:30 L.I.F.E Group CH 2:00 Trivia SL 3:00 Happy Hour OTR	10:30 HasFit Exercises FR 24 1:30 Qi Gong Exercises FR 2:00 Ping Pong Club P 2:30 BINGO CR	10:30 Bible Study SL 25 1:00 Trip to No Frills & Shoppers L 1:45 Dominoes SL 7:00 Evening Euchre CN	10:30 Hasfit Exercises FR 26 1:00 Billiards NK 1:30 Art with Bill CR 2:00 In Home Hearing BL 3:00 Happy Hour OTR	12:45 Relaxation & Meditation CH 27 2:00 Bridge SL 3:00 Men's Club OTR 7:00 Once a Quartet: New Horizon Swing and Classic Jazz Band KVR 7:00 Movie Night CH	10:30 Hasfit Exercises FR 28 1:30 Euchre SL 3:00 Riverbend Family Church Service CH	1:00 Bridge Tips with Sandy SL 29 1:30 Bridge SL 2:00 Movie Matinee CH
1:30 Knit & Stich CN 30 3:00 Happy Hour OTR	10:00 HasFit Exercises FR 31 11:00 Lunch at The Little Beaver L 2:00 Ping Pong Club P 2:30 BINGO CR					

Locations in Apartment:
FR– Fitness Room (Main Floor)
SL– Social Lounge (Main Floor)
OTR– On the Rocks Pub (8th Floor)
SR– Skylight Restaurant (8th Floor)

Locations in Retirement:
CA– Cafe (Main Floor)
BL– Blooms (Main Floor)
P– Physio/Annex (Main Floor)
CN– Connections (2nd Floor)

NK– Nook (3rd Floor)
CH– Century Hall (4th Floor)
CR– Creations (5th Floor)
L– Lobby (Main Floor)
KVR– Kains View Restaurant (8th Floor)

Events in Purple: Sign Up Required
Sign up Sheets are available on the 1st of every month

