SPOTLIGHT

Feel the Rhythm: Hand Drum Circle - Hand drum circle is an opportunity for residents to play hand drums, learn new rhythms, and immerse themselves with various types of music! Wednesday, June 29th at 3:30pm in the Great Hall

LIVING WELL PERKS & PLUSES - JUNE 2022

MONDAY	TUESDAY	WEDNESDAY	WEDNESDAY			FRIDAY	
		9:00-4:00 Reflections Salon 10:00-1:00 In Home Hearing— Audiology WC	1	9:00-4:00 Reflections Salon	2	9:00-3:00 Manicure & Pedicure Dry Cleaning Returned	
9:00-4:00 Reflections Salon Dry cleaning pick-up at Front Desk	9:00-4:00 Reflections Salon	9:00-4:00 Reflections Salon	8	9:00-4:00 Reflections Salon	9	9:00-3:00 Manicure & Pedicure Dry Cleaning Returned	
9:00-4:00 Reflections Salon Dry cleaning pick-up at Front Desk	9:00-4:00 Reflections Salon	9:00-4:00 Reflections Salon	15	9:00-4:00 Reflections Salon	16	9:00-3:00 Manicure & Pedicure Dry Cleaning Returned	
9:30 Foot Care WC	9:00-4:00 Reflections Salon	9:00-4:00 Reflections Salon 2:30 Walker Tune Up GH	22	9:00-4:00 Reflections Salon	23	9:00-3:00 Manicure & Pedicure Dry Cleaning Returned	
9:00-4:00 Reflections Salon Dry cleaning pick-up at Front Desk	9:00-4:00 Reflections Salon	9:00-4:00 Reflections Salon	29	9:00-4:00 Reflections Salon	30		

JUNE BIRTHDAYS

Brian Nuttall— June 1 Mary McKenzie— June 6 Janet Cooper — June 11 **Pauline Lankin** — June 13 Loretta Bethel — June 15 Margaret McNeil — June 17 Catherine Genttner — June 18 Jadranks Zrnc — June 19 Doug McCabe — June 19 Charles Philla — June 26

EVENTS CALENDAR | JUNE 2022



Anniversary Party- 15 years of Richmond Woods Thursday June 2nd from 3pm-6pm

Join us as we celebrate 15 years!!

This carnival themed afternoon will be filled with live entertainment from the Uptown Dixie Land Band, food, and games. An ice cream truck will be available to you with an array of options to choose from to help us celebrate! Through-out the afternoon you will get to meet Dotsy the Clown, request your own custom balloon art.

Father's Day Social-Sunday June 19 at 3:15pm Calling all men!

Please join us as we recognize fathers, brothers, sons, and friends for this men's only event. Enjoy a fun afternoon with us as it will be filled with snacks. drinks, and games located in the Great Hall.



HIGHLIGHTS

Election Voting Poll Station Thursday, June 2

Richmond Woods 15th Anniversary Celebration

Thursday, June 2

Donut Miss This Social Friday, June 3

Ruth's Fashion Boutique Shop Saturday, June 4

June Birthday Party Sunday, June 5

Father's Day Social Sunday, June 17

First Picnic of the Season—Pinafore Park

Tuesday, June 21

First Day of Summer Party Tuesday, June 21

SARI Horse Therapy Tour Thursday, June 23

Card Making with Judy Friday, June 24

2 Hands Clay Saturday, June 25

I Scream, You Scream, We All Scream Ice Cream Party Tuesday, June 28

Day Trip: Lunch at The Green Frog Thursday, June 30



200 North Centre Road | London, ON | N5X 0B1



SOCIAL & RECREATIONAL ACTIVITIES - JUNE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:45 Exercise GH 1 10:30 Monthly Gazette GH 1:30 Euchre GR 2:00 Colour Your World L 2:30 Book Club PDR 3:00 Jeopardy GH	9:00-9:00 Ontario Election 2 Voting Poll GH 10:30 Culinary Committee Meeting PRD 1:30 Cribbage GR 3:00—6:00 Richmond Woods 15th Anniversary Celebration CC/CY	National Donut Day 3 9:45 Exercise GH 2:00 Bridge GR 2:30 Billiards Drop In CP 3:00 Donut Miss This Social GH 7:00 Brent Meidinger GH (Entertainment—Guitar)	10:00-3:00 Ruth's Fashion Boutique Shop GH 7:00 Movie Night & Popcorn (50 First Dates)
10:30 Online Church 5 Service GH (Anglican) 3:00 June Birthday Party Invitation Only) PDR 7:00 Western Musical Bees Entertainment—Piano)	9:45 Exercise GH 6 10:00 Wal-Mart & Bank Run SU 10:30 Scattergories GH 1:30 Piano with Nicky CC 1:30 Cribbage GR 3:00 25cent BINGO GH	 10:20 VON Exercise 7 GH 10:30 Trivia Tuesday GR 2:00 Bridge GR 2:30 Paint Class with Donna AC 3:00 Bean Bag Toss GH 	9:45 Exercise GH 8 10:30 Junk Drawer Detective GH 1:30 Euchre GR 2:00 Colour Your World L 3:00 Jeopardy GH	10:00 Garden Club CY 9 10:20 VON Exercise GH 1:30 Cribbage GR 2:00 St. Aiden's Anglican Church Service GH 3:00 Sing-a-Long Choir GH	9:45 Exercise GH 10 10:30 Wellness & You with Karon GH 2:00 Bridge GR 2:30 Billiards Drop In CP 3:00 Music with Ernie GH (Entertainment—DJ)	10:30 Zumba GH 1 2:00 Group Crosswords GH 3:00 25cent BINGO GH 7:00 Movie Night & Popcorn GH (Sleepless in Seattle)
.0:30 Online Church 12 Service GH (Anglican) 7:00 Bridgerton— Season 2 Episode 1 GH TV Series)	9:45 Exercise GH 13 10:00 Masonville Mall SU 10:30 Where In the World GH 1:30 Piano with Nicky CC 1:30 Cribbage GR 3:00 25cent BINGO GH	10:00 Morning Coffee Drink SU 10:20 VON Exercise GH 10:30 Trivia Tuesday GR 2:00 Bridge GR 2:30 Paint Class with Donna AC 2:30 Mocha Shrine Band MF/NS	9:45 Exercise GH 15 10:30 Who, What, Where GH 1:30 Euchre GR 2:00 Colour Your World L 3:00 Town Hall Meeting GH 3:45 Cheese & Mocktails CC	10:00 Garden Club CY 16 10:20 VON Exercise GH 1:30 Cribbage GR 2:00 Siloam United Church Service GH 3:00 Ping Pong GH	9:45 Exercise GH 17 10:30 Craft Nook GH 2:00 Bridge GR 2:30 Billiards Drop In CP 3:00 Jim Ashby GH (Entertainment—Guitar)	10:30 Coffee & 1 Musical Notes GH 2:00 Giant Jenga CC 3:00 25cent BINGO GH 7:00 Movie Night & (The Accidental Husband)
HAPPY FATHER'S DAY 19 L0:30 Online Church Service GH (Anglican) L:30 First St. Andrew's Jnited Church Service GH B:15 Father's Day Social GH	9:45 Exercise GH 20 10:00 Cherryhill Mall SU 10:30 Scattergories GH 1:30 Piano with Nicky CC 1:30 Cribbage GR 3:00 25cent BINGO GH	10:20 VON Exercise GH 21 10:30 Trivia Tuesday GR 10:30 First Picnic of the Season - Pinafore Park SU 2:00 Bridge GR 2:30 Paint Class with Donna AC 3:00 First Day of Summer Party CY	9:45 Exercise GH 22 1:30 Euchre GR 2:00 Colour Your World L 3:00 Jeopardy GH 6:15 Jazz for the People— Tom Starks Hammond Quartet SU 7:00 Emily Goodchild GH (Entertainment—Keyboard)	10:00 Garden Club CY 23 10:20 VON Exercise GH 10:30 Garden Club PDR 1:30 Cribbage GR 2:00 SARI Horse Therapy Tour SU 3:00 Sing-a-Long Choir GH	9:45 Exercise GH 24 10:30 Facebook Friday GH 2:00 Bridge GR 2:30 Billiards Drop In CP 3:00 Card Making with Judy SU/GH 3:00 Gentleman's Club GR	10:30 Zumba GH 2:00 2 Hands Clay SU/ GR 3:00 25cent BINGO GH 7:00 Movie Night & Popcorn GH (Main in Manhattan)
10:30 Online Church 26 Service GH (Anglican) (2:00 Bridgerton—Season 2 Episode 2 GH TV Series)	9:45 Exercise GH 27 10:00 Wal-Mart SU 10:30 Where In the World GH 1:30 Piano with Nicky CC 1:30 Cribbage GR 3:00 25cent BINGO GH	10:20 VON Exercise 28 GH 10:30 Trivia Tuesday GR 2:00 Bridge GR 2:30 Paint Class with Donna AC 3:00 I Scream, You Scream, We All Scream for Ice Cream Party CY	9:45 Exercise GH 29 10:30 Bocce Ball GH 1:30 Euchre GR 2:00 Colour Your World L 3:30 Feel the Rhythm: Hand Drum Circle GH 5:00 July Calendar Released	10:00 Garden Club CY 30 10:20 VON Exercise GH 10:30 DAY TRIP Lunch: The Green Frog Tearoom SU 1:30 Cribbage GR 3:00 Ping Pong GH		
BF: Blackfriars	CP: Corner Pocket	GH: Great Hall WC: W	Vellness Center CC:	Central Court Room	L: Oxford Street Library	
AC: Arts & Crafts 3rd Flo		Room F: Exercise & Fiti		R: Private Dining Room	SU: Sign Up Activity GI	R: Games Room
CY: Court Yard	BR: Boardroom	FB: Front of Building E \	vents in Purple: Sign Up			