

# SPOTLIGHT

Richmond Woods will be hosting a **MUNICIPAL ELECTION** polling station on **Monday, October 24th from 10:00am-6:00pm** in the Great Hall. Come out to exercise your right to vote!

## LIVING WELL PERKS & PLUSES - OCTOBER 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> 9:00-4:00 Reflections Salon	<b>2</b> 9:00-4:00 Reflections Salon 9:00-3:00 Manicure & Pedicure Dry Cleaning Returned
<b>5</b> 9:00-4:00 Reflections Salon  Dry cleaning drop off at Front Desk	<b>6</b> 9:00-4:00 Reflections Salon	<b>7</b> 9:00-4:00 Reflections Salon 10:00-1:00 In Home Hearing— Audiology WC	<b>8</b> 9:00-4:00 Reflections Salon	<b>9</b> 9:00-4:00 Reflections Salon 9:00-3:00 Manicure & Pedicure Dry Cleaning Returned
<b>12</b> 9:00-4:00 Reflections Salon  Dry cleaning drop off at Front Desk	<b>13</b> 9:00-4:00 Reflections Salon	<b>14</b> 9:00-4:00 Reflections Salon	<b>15</b> 9:00-4:00 Reflections Salon	<b>16</b> 9:00-4:00 Reflections Salon 9:00-3:00 Manicure & Pedicure Dry Cleaning Returned
<b>19</b> 9:00-4:00 Reflections Salon  Dry cleaning drop off at Front Desk	<b>20</b> 9:00-4:00 Reflections Salon	<b>21</b> 9:00-4:00 Reflections Salon 1:00-4:00 Blood Pressure & Weight Clinic WC	<b>22</b> 9:00-4:00 Reflections Salon	<b>23</b> 9:00-4:00 Reflections Salon 9:00-3:00 Manicure & Pedicure Dry Cleaning Returned
<b>26</b> 9:00-4:00 Reflections Salon  Dry cleaning drop off at Front Desk	<b>27</b> 9:00-4:00 Reflections Salon	<b>28</b> 9:00-4:00 Reflections Salon	<b>29</b> 9:00-4:00 Reflections Salon	<b>30</b> 9:00-4:00 Reflections Salon 9:00-3:00 Manicure & Pedicure Dry Cleaning Returned

## OCTOBER BIRTHDAYS

**Dinnie Greenway**—October 10 **Pat Burrows**—October 10  
**Catherine Pajuk** —October 12 **Shirley Ostrom**—October 20  
**Bob Paetz**—October 24 **Beryl Cole** —October 27  
**Donna Velduizen**—October 31 **Ellen Faubert**—October 31

## EVENTS CALENDAR | OCTOBER 2022

### Richmond Woods Clothing Drive

Time for some Fall cleaning! Richmond Woods is looking for donations of gently used clothing items to be donated to a local charity here in London. Please drop off any clothing items you wish to be donated in the Great Hall from October 3<sup>rd</sup> - 7<sup>th</sup>.

### Oktoberfest Entertainment

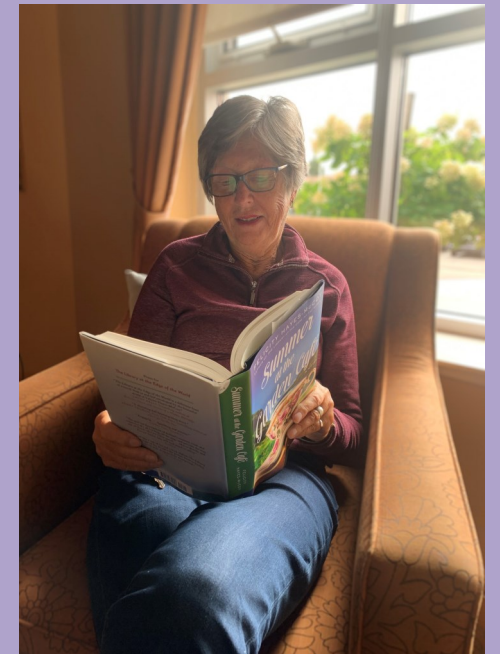
Join us in the Great Hall on October 11<sup>th</sup> at 3:00pm for an afternoon filled with all things Oktoberfest. Enjoy Deb Misener Jones, an award-winning Musician, Yodeler, and Singer. Deb provides a colourful, interactive, and entertaining journey for all ages through the Swiss, German, and Austrian Alps. This show will feature lively rhythms of Polkas & Waltzes, Yodeling & Swiss Cowbells. With a vibrant personality, great audience participation, and excellent showmanship, Deb will leave you on your feet, and wanting more!!

### Halloween Parade

On Monday, October 31st come outside of your suite...stand in your doorway, look down the hall and wave as staff dance and parade in their Halloween costumes.

**2:30pm** First Floor Halloween Parade  
**2:35pm** Second Floor Halloween Parade  
**2:40pm** Third Floor Halloween Parade

## HIGHLIGHTS



 Like us on facebook!  
[facebook.com/RichmondWoodsRetirement](https://facebook.com/RichmondWoodsRetirement)

# SOCIAL & RECREATIONAL ACTIVITIES - OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>10:30</b> Coffee & Musical Notes <b>GH</b> <b>2:00</b> Quarter Poker <b>GR</b> <b>3:00</b> 25cent BINGO <b>GH</b> <b>7:00</b> Movie Night & Popcorn <b>GH</b> <b>(Dark Shadow)</b>
<b>1:30pm-3:30pm</b> <b>Open House</b> <b>Fall Breeze &amp; Autumn Leaves</b>	<b>9:45</b> Exercise <b>GH</b> <b>10:00</b> Masonville Mall <b>SU</b> <b>10:30</b> Where In the World <b>GH</b> <b>1:30</b> Cribbage <b>GR</b> <b>1:30</b> Piano with Nicky <b>CC</b> <b>2:30</b> Billiards Drop In <b>CP</b> <b>3:00</b> 25cent BINGO <b>GH</b>	<b>10:00-11:00</b> All Things Sewing & Alterations <b>PDR</b> <b>10:20</b> VON Exercise <b>GH</b> <b>1:30</b> Ping-Pong <b>GH</b> <b>2:00</b> Bridge <b>GR</b> <b>2:30</b> Paint Class with Donna <b>AC</b> <b>3:00</b> Sing-A-Long Choir <b>GH</b>	<b>9:00</b> Day Trip: Goderich <b>SU</b> <b>9:45</b> Exercise <b>GH</b> <b>10:30</b> Monthly Gazette <b>GH</b> <b>11:00</b> Aquafit <b>F</b> <b>1:30</b> Euchre <b>GR</b> <b>2:00</b> Colour Your World <b>L</b> <b>2:30</b> Book Club <b>PDR</b> <b>3:30</b> Jeopardy <b>GH</b>	<b>9:30</b> Heeman's <b>SU</b> <b>10:30</b> St. Michael's Catholic Mass <b>GH</b> <b>10:30</b> Culinary Committee Meeting <b>PRD</b> <b>1:30</b> Cribbage <b>GR</b> <b>2:30</b> Table Shuffleboard <b>GR</b> <b>3:00</b> TV Group Crossword <b>GH</b> <b>7:00</b> Crokinole <b>GR</b>	<b>9:45</b> Exercise <b>GH</b> <b>10:30</b> Trivia <b>GH</b> <b>1:30</b> Fall Drive to Appleland Station Bakery <b>SU</b> <b>2:00</b> Bridge <b>GR</b> <b>2:30</b> Billiards Drop In <b>CP</b> <b>3:00</b> Blue Sky <b>GH</b> <b>(Entertainment)</b>	<b>10:30</b> Zumba <b>GH</b> <b>2:00</b> Quarter Poker <b>GR</b> <b>3:00</b> 25cent BINGO <b>GH</b> <b>7:00</b> Movie Night & Popcorn <b>GH</b> <b>(Hubie Halloween)</b>
<b>10:15</b> Coffee Cart <b>CC</b> <b>10:30</b> Hymns with Norma June <b>CC</b> <b>11:00</b> Siloam United Church Service <b>GH</b> <b>(Rogers TV)</b> <b>3:00</b> Coffee & Musical Notes <b>GH</b>	<b>HAPPY THANKSGIVING</b> <b>1:30</b> Cribbage <b>GR</b> <b>2:30</b> Billiards Drop In <b>CP</b> <b>3:00</b> 25cent BINGO <b>GH</b>	<b>OTKOBERFEST DAY</b> <b>10:20</b> VON Exercise <b>GH</b> <b>2:00</b> Bridge <b>GR</b> <b>2:30</b> Paint Class with Donna <b>AC</b> <b>3:00</b> Oktoberfest Music & Show with Deb Jones <b>GH</b> <b>7:00</b> Benchwarmers Baseball Club <b>GH</b>	<b>HOCKEY DAY—SEASON OPENER</b> <b>Wear your favorite team jersey!</b> <b>9:45</b> Exercise <b>GH</b> <b>10:00</b> LCBO, Bank, Library & Loblaws <b>SU</b> <b>10:30</b> Who, What, Where <b>GH</b> <b>11:00</b> Aquafit <b>F</b> <b>1:30</b> Euchre <b>GR</b> <b>1:30</b> Fall Walk & Coffee at the Sifton Bog <b>SU</b> <b>2:00</b> Colour Your World <b>L</b> <b>3:00</b> Jeopardy <b>GH</b> <b>7:00</b> Hockey Club—Toronto Maple Leafs VS Montreal Canadian <b>GH</b>	<b>10:20</b> VON Exercise <b>GH</b> <b>1:30</b> Cribbage <b>GR</b> <b>2:00</b> St. Aiden's Anglican Church Service <b>GH</b> <b>3:00</b> Shophisticated Swing Band <b>GH</b> <b>(Entertainment)</b> <b>7:00</b> Crokinole <b>GR</b>	<b>9:45</b> Exercise <b>GH</b> <b>10:30</b> Trivia <b>GH</b> <b>2:00</b> Bridge <b>GR</b> <b>2:30</b> Billiards Drop In <b>CP</b> <b>3:00</b> Fall Friendship Tea—Autumn Leaves Tea <b>GH</b>	<b>GREAT HALL BOOKING</b> <b>12:30pm-3:00pm</b> <b>10:30</b> Craft Nook <b>GH</b> <b>2:00</b> Quarter Poker <b>GR</b> <b>7:00</b> Movie Night & Popcorn <b>GH</b> <b>(The Addams Family)</b>
<b>10:15</b> Coffee Cart <b>CC</b> <b>10:30</b> Hymns with Norma June <b>CC</b> <b>11:00</b> Siloam United Church Service <b>GH</b> <b>(Rogers TV)</b> <b>1:30</b> First St. Andrew's United Church Service <b>GH</b> <b>3:00</b> Sunday Social <b>CY</b>	<b>9:45</b> Exercise <b>GH</b> <b>10:00</b> Wal-Mart <b>SU</b> <b>10:30</b> Scattergories <b>GH</b> <b>1:30</b> Cribbage <b>GR</b> <b>1:30</b> Piano with Nicky <b>CC</b> <b>3:00</b> 25cent BINGO <b>GH</b>	<b>10:20</b> VON Exercise <b>GH</b> <b>10:00-11:00</b> All Things Sewing & Alterations <b>PDR</b> <b>1:30</b> Ping-Pong <b>GH</b> <b>2:00</b> Bridge <b>GR</b> <b>2:30</b> Paint Class with Donna <b>AC</b> <b>3:00</b> Sing-A-Long Choir <b>GH</b> <b>7:00</b> Benchwarmers Baseball Club <b>GH</b>	<b>9:45</b> Exercise <b>GH</b> <b>10:30</b> Lunch at Anna Mae's Bakery—Millbank <b>SU</b> <b>10:30</b> Junk Drawer Detective <b>GH</b> <b>11:00</b> Aquafit <b>F</b> <b>1:00-4:00</b> Blood Pressure & Weight Clinic <b>WC</b> <b>1:30</b> Euchre <b>GR</b> <b>2:00</b> Colour Your World <b>L</b> <b>3:00</b> Town Hall Meeting <b>GH</b> <b>3:45</b> Cheese & Mocktails <b>CC</b>	<b>10:20</b> VON Exercise <b>GH</b> <b>1:30</b> Cribbage <b>GR</b> <b>2:00</b> Siloam United Church Service <b>GH</b> <b>2:30</b> Table Shuffleboard <b>GR</b> <b>3:00</b> TV Group Crossword <b>GH</b> <b>7:00</b> Crokinole <b>GR</b>	<b>9:45</b> Exercise <b>GH</b> <b>10:30</b> Trivia <b>GH</b> <b>2:00</b> Bridge <b>GR</b> <b>2:30</b> Billiards Drop In <b>CP</b> <b>2:30</b> Here's to your Health with Karon <b>GH</b> <b>3:30</b> Fun Fall Happy Hour <b>CC</b>	<b>10:30</b> Zumba <b>GH</b> <b>2:00</b> Quarter Poker <b>GR</b> <b>3:00</b> 25cent BINGO <b>GH</b> <b>7:00</b> Movie Night & Popcorn <b>GH</b> <b>(The Mummy)</b>
<b>10:15</b> Coffee Cart <b>CC</b> <b>10:30</b> Hymns with Norma June <b>CC</b> <b>11:00</b> Siloam United Church Service <b>GH</b> <b>(Rogers TV)</b> <b>3:00</b> Sunday Social <b>CY</b>	<b>10:00-6:00pm</b> MUNICIPAL ELECTION VOTING STATION <b>GH</b> <b>10:00</b> Cherryhill Mall <b>SU</b> <b>1:30</b> Cribbage <b>GR</b> <b>1:30</b> Piano with Nicky <b>CC</b> <b>2:30</b> Billiards Drop In <b>CP</b>	<b>10:20</b> VON Exercise <b>GH</b> <b>2:00</b> Bridge <b>GR</b> <b>2:30</b> Paint Class with Donna <b>AC</b> <b>3:00</b> Name that Tune <b>GH</b> <b>7:00</b> Benchwarmers Baseball Club <b>GH</b>	<b>NATIONAL PUMPKIN DAY</b> <b>9:45</b> Exercise <b>GH</b> <b>10:30</b> You Be The Judge <b>GH</b> <b>11:00</b> Aquafit <b>F</b> <b>1:30</b> Euchre <b>GR</b> <b>1:30</b> Pumpkin Carving <b>GH</b> <b>2:00</b> Western Fair Casino <b>SU</b> <b>2:00</b> Colour Your World <b>L</b> <b>3:00</b> Jeopardy <b>GH</b> <b>6:15</b> Jazz for the People—Ron Nauta & Friends <b>SU</b>	<b>10:20</b> VON Exercise <b>GH</b> <b>1:30</b> Cribbage <b>GR</b> <b>2:30</b> Card Making with Judy <b>GH/SU</b> <b>3:00</b> Gentleman's Club <b>GR</b> <b>7:00</b> Crokinole <b>GR</b>	<b>NATIONAL MAGIC WEEK</b> <b>9:45</b> Exercise <b>GH</b> <b>10:30</b> Facebook Friday <b>GH</b> <b>2:00</b> Bridge <b>GR</b> <b>2:30</b> Billiards Drop In <b>CP</b> <b>3:00</b> Peter Mennie's Magic Party <b>GH</b> <b>5:00</b> November Calendar Released	<b>10:30</b> Craft Nook <b>GH</b> <b>2:00</b> Quarter Poker <b>GR</b> <b>3:00</b> 25cent BINGO <b>GH</b> <b>7:00</b> Movie Night & Popcorn <b>GH</b> <b>(The Witches)</b>
<b>10:15</b> Coffee Cart <b>CC</b> <b>10:30</b> Hymns with Norma June <b>CC</b> <b>11:00</b> Siloam United Church Service <b>GH</b> <b>(Rogers TV)</b> <b>3:00</b> October Birthday Party <b>GH</b> <b>(Invitation Only)</b>	<b>HAPPY HALLOWEEN</b> <b>9:45</b> Exercise <b>GH</b> <b>10:00</b> Masonville Mall <b>SU</b> <b>10:30</b> All About Halloween <b>GH</b> <b>1:30</b> Cribbage <b>GR</b> <b>1:30</b> Piano with Nicky <b>CC</b> <b>2:30</b> Billiards Drop In <b>CP</b> <b>2:30</b> First Floor Halloween Parade <b>2:35</b> Second Floor Halloween Parade <b>2:40</b> Third Floor Halloween Parade					

**BF:** Blackfriars      **CP:** Corner Pocket      **GH:** Great Hall      **WC:** Wellness Center      **CC:** Central Court Room      **L:** Oxford Street Library  
**AC:** Arts & Crafts 3rd Floor      **MF:** Mayfair Dining Room      **F:** Exercise & Fitness Room      **PDR:** Private Dining Room      **SU:** Sign Up Activity      **GR:** Games Room  
**CY:** Court Yard      **BR:** Boardroom      **FB:** Front of Building      **Events in Purple:** Sign Up