EVENTS CALENDAR | MAY 2024

HIGHLIGHTS

MONDAYS: Reflections Hair & Nail Salon

Store to Door Orders Due by 2:00pm

TUESDAYS: Reflections Hair & Nail Salon

WEDNESDAYS: Reflections Hair & Nail Salon

Foot care on Wednesday, May 15th (in the Wellness Centre)

THURSDAYS: Reflections Hair & Nail Salon

Store to Door Delivered between 2:00-4:00pm

FRIDAYS: Reflections Hair & Nail Salon



Garden Club

Calling all gardening lovers! The Richmond Woods herb & flower garden will be starting Friday, May 17th. Join in on the fun as we grown delicious herbs to spice up our kitchen and flowers to enjoy.

JOIN A CLUB!

Calling all card players!!

Card games are a great way to interact with others and bring back a fun element to life! Whether you play Cribbage, Euchre, or Bridge, we would love for you to join!

Mondays: Cribbage **Tuesdays:** Bridge Wednesdays: Euchre Thursdays: Cribbage Friday: Bridge

Saturday: Euchre





Florence Nightingale Social

May 6th- May 12th is National Nurses Week, and we want to recognize you! Join us for our Florence Nightingale Social as we celebrate national nurses' week, and honour our nurses here at Richmond Woods on Tuesday May 7th at 3:00pm in the Great Hall.

Mother's Day Celebrate —Friday, May 10th

Please join us as we celebrate mothers and women alike for this ladies only social. Enjoy Mother's Day with decadent desserts and champagne. Wear your favourite outfit and high tea hat as we celebrate the joy of motherhood!

Grand Theatre: Million Dollar Quartet

Wednesday, May 1st

Hyland Cinema: Wicked little Letters

Thursday, May 2nd

Quilt Show

Thursday, May 2nd

Scoop & Shop Spring Market

Saturday, May 4th

Ruth's Fashions Clothing Sale

Saturday, May 4th

London Seniors Games: Euchre

Tournament

Monday, May 6th & Thursday, May 22nd

Spring Friendship Tea Party

Wednesday, May 8th

Elm Hurts: Spa & Lunch

Thursday, May 9th

Spring Market Sparta Lavender Farm

Saturday, May 11th

Jazz for the People

Wednesday, May 15th

Visit to Plunkett Estate

Friday, May 17th

St. Jacobs's Market

Thursday, May 24th

Friday Spring Noon Recitals

Friday, May 24th





Sifton Retirement Living



200 North Centre Road London, ON | N5X 0B1 519-850-5060

SOCIAL & RECREATIONAL ACTIVITIES - MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Check out the monthly Perks and Pluses calendar on the back cover.			9:45 Exercise GH 10:30 Monthly Gazette GH 12:15 Grand Theatre: Million Dollar Quartet SU 1:30 Euchre GR 2:00 Billiards CP 2:30 Book Club NS 3:30 Star of the Month— Katharine Hepburn GH	9:30 Walking Group CC 10:30 St. Michael's Catholic Mass GH 10:30 Culinary Committee Meeting PDR 1:30 Cribbage GR 1:30 Wicked Little Letters—Hyland Cinema SU 3:00 Quilt Show GH 7:00 25cent BINGO GH	9:00 Aquafit F 3 9:45 Exercise GH 10:30 Sing Along Choir GH 1:30 Bridge GR 2:30 Billiards CP 3:00 Blue Sky GH (Entertainment) 6:45 Baseball Club: Blue Jays vs. National GH	10:00-3:00 Ruth's Fashions of Clothing Sale GH 12:30 Scoop & Shop Spring Market (St. Thomas) SU 1:30 Euchre GR 7:00 Movie Night & Popcorr GH
10:15 Coffee Cart CC 10:30 Hymn Singing with Norma June CC 2:00 Billiards CP 3:00 The Journey of Tom Slade GH	9:45 Exercise GH 10:00 Masonville Mall SU 10:00 Balloon Ball CC 10:30 Knitting for a Cause GH 12:30 London Seniors Games Euchre Tournament NS/SU 1:30 Cribbage GR 2:00 Mocktails Monday CC 3:00 25cent BINGO GH	10:00 Trivia GH 7 10:45 VON Exercise GH 1:30 Bridge GR 2:00 Bible Study with Ann Marie PDR 2:30 Paint Class with Donna AC 3:00 Florence Nightingale Social GH	9:45 Exercise GH 10:00 LCBO, Bank & Loblaws SU 10:30 You be the Judge GH 11:00 Aquafit F 12:30 Springtime Friendship Tea Party (St. Michael's Catholic Church) SU 1:30 Euchre GR 2:00 Billiards CP 3:00 Craft Nook GH (High Tea Flower Hats)	9:00 Elm Hurts—Spa & Lunch 9 SU 10:00 News & Brews GH 10:45 VON Exercise GH 1:30 Cribbage GR 2:00 St. Aiden's Anglican Church Service GH 3:00 Reading with Diana Anstead GH 7:00 25cent BINGO GH	9:00 Aquafit F 10 9:45 Exercise GH 10:30 Sing Along Choir GH 1:30 Bridge GR 2:30 Billiards CP 3:00 Mother's Day Social GH 7:00 Baseball Club: Blue Jays vs. Twins GH	10:00 LMC Spring Market 1: (Sparta Lavender Farm) SU 10:45 Zumba CC 1:30 Euchre GR 3:00 25cent BINGO GH 7:00 Movie Night & Popcorn
HAPPY MOTHER'S DAY 10:15 Coffee Cart CC 10:30 Hymn Singing with Norma June CC 2:00 Billiards CP 3:00 Movie Matinee GH	9:45 Exercise GH 10:00 Cherryhill Mall SU 10:00 Balloon Ball CC 10:30 Knitting for a Cause GH 1:30 Cribbage GR 2:00 Mocktails Monday CC 3:00 25cent BINGO GH	10:00 Trivia GH 10:00-11:00 All Things Sewing & Alterations PDR 10:45 VON Exercise GH 1:30 Bridge GR 2:00 Bible Study with Ann Marie PDR 2:30 Paint Class with Donna AC 3:00 Tea Tuesday GH 7:00 Martin Wall GH (Entertainment)	9:45 Exercise GH 10:30 Who, What, Where GH 11:00 Aquafit F 1:30 Euchre GR 2:00 Billiards CP 3:00 Town Hall Meeting GH 3:45 Cheese & Mocktails CC 6:15 Jazz for the People: John Griffiths Sextet SU	10:00 News & Brews GH 10:00 Shoppers & Sunripe SU 10:45 VON Exercise GH 1:00 Western Fair Casino SU 1:30 Cribbage GR 2:00 Siloam United Church Service GH 3:00 Lasso Golf GH 7:00 25cent BINGO GH	9:00 Aquafit F 17 9:45 Exercise GH 10:30 Sing Along Choir GH 11:00 Garden Club CY 1:00 Visit to Plunkett Estate SU 1:30 Bridge GR 2:30 Billiards CP 7:00 Baseball Club: Blue Jays vs. Rays GH	10:30 Chair Yoga GH 1:30 Euchre GR 3:00 25cent BINGO GH 7:00 Movie Night & Popcorn GH
10:15 Coffee Cart CC 10:30 Hymn Singing with Norma June CC 1:30 First St. Andrew's United Church Service GH 2:00 Billiards CP 3:00 Movie Matinee GH	VICTORIA DAY 9:45 Exercise GH 10:30 Knitting for a Cause GH 1:30 Cribbage GR 3:00 25cent BINGO GH	10:00 Trivia GH 21 10:00 Heeman's Garden Centre SU 10:45 VON Exercise GH 1:00 Picard's Peanuts SU 1:30 Bridge GR 2:00 Bible Study with Ann Marie PDR 2:30 Paint Class with Donna AC 3:00 Happiness is Homemade	10:00 LCBO, Bank & No Frills SU 10:30 You be the Judge GH 11:00 Aquafit F 12:30 London Seniors Games Euchre Tournament NS/SU 1:30 Euchre GR	9:00 St. Jacob's Market SU ₂₃ 10:00 News & Brews GH 10:45 VON Exercise GH 1:30 Cribbage GR 3:00 Reading with Diana Anstead GH 7:00 25cent BINGO GH	9:00 Aquafit F 9:45 Exercise GH 10:30 Sing Along Choir GH 11:00 Garden Club CY 11:30 Friday Spring Noon Recitals (First—St Andrew's Church) SU 1:30 Bridge GR 2:30 Billiards CP 3:00 Susie 'Q' CC Entertainment) 6:45 Baseball Club: Blue Jays vs. Tigers GH	10:00 Coffee & Musical 25 Notes GH 10:45 Zumba CC 1:30 Euchre GR 3:00 25cent BINGO GH 7:00 Movie Night & Popcorn GH
10:15 Coffee Cart CC 10:30 Hymn Singing with Norma June CC 2:00 Billiards CP 2:00 Wii Sports GH 3:15 May Birthday Party PDR (Invitation Only)	10:00 Wal-Mart SU 10:00 Balloon Ball CC 10:30 Knitting for a Cause GH	10:00 Trivia GH 10:00-11:00 All Things Sewing & Alterations PDR 10:45 VON Exercise GH 1:30 Bridge GR 2:00 Bible Study with Ann Marie PDR 2:30 Paint Class with Donna AC 3:00 Travelogue: Greece GH	9:45 Exercise GH 29 10:30 Walker Wash GH 11:00 Aquafit F 1:30 Euchre GR 2:00 Billiards CP 2:00 Navigating Hearing Loss presented by In Home Hearing GH 3:15 Bean Bag Toss GH	10:00 News & Brews GH 30 10:45 VON Exercise GH 1:30 Cribbage GR 2:30 Card Making with Judy GH/SU 3:00 Gentleman's Club with Jim GR 7:00 25cent BINGO GH	9:00 Aquafit F 9:45 Exercise GH 10:30 Sing Along Choir GH 11:00 Garden Club CY 1:30 Bridge GR 2:30 Billiards CP 3:00 Jude Sings the Oldies GH (Entertainment) 7:00 Baseball Club: Blue Jays vs. Pirates GH	

BF: Blackfriars

CP: Corner Pocket

GH: Great Hall

WC: Wellness Center

CC: Central Court Room

L: Oxford Street Library

AC: Arts & Crafts 3rd Floor MF: Mayfair Dining Room

F: Exercise & Fitness Room

PDR: Private Dining Room **SU:** Sign Up Activity

GR: Games Room 2nd Floor

CY: Court Yard **BR:** Boardroom **FB:** Front of Building

Events in Purple: Sign Up