

- MONDAYS:** Reflections Hair & Nail Salon
Store to Door Orders Due by 2:00pm
- TUESDAYS:** Reflections Hair & Nail Salon
Foot care on March 26th (in the Wellness Centre)
- WEDNESDAYS:** Reflections Hair & Nail Salon
In Home Hearing on March 20th (in the Wellness Centre)
- THURSDAYS:** Reflections Hair & Nail Salon
Store to Door Delivered between 2:00-4:00pm
- FRIDAYS:** Reflections Hair & Nail Salon

UPCOMING

History of Coca Cola
We all know that iconic taste, that fizzy refreshing cold drink called Coca Cola . Well if you come on down to the Great Hall on Friday, March 29th at 2:00 pm you will learn about the history about the iconic beverage Coca-Cola.

JOIN A CLUB!

Calling all card players!!
Card games are a great way to interact with others and bring back a fun element to life! Whether you play Cribbage, Euchre, or Bridge, we would love for you to join!

- Mondays:** Cribbage
Tuesdays: Bridge
Wednesdays: Euchre
Thursdays: Cribbage
Friday: Bridge
Saturday: Euchre



Cheers to Women
What better way to recognize women all over the world than with International Women’s Day on Friday, March 8th. As part of this day, we recognize women’s achievements, and awareness. Join us at 3:30pm for champagne, as we toast to women everywhere.

Wine Down Wednesday
Once a month, and wine down with a glass of wine of us! Come out and be social with friends, while learning some quick facts about wine and food pairing.

Couples Double Date
Join us for our new couples’ program, Couples Double Date. Come together and be social with other couples while sharing stories, playing games, or enjoying a nice cocktail.

Voices R Us: Karaoke Night
Calling all who love to sing! Come out and put your singing voice to the test with our new program, “Voices R Us,” with Jim. Sing, dance, and listen while we sing some new and old tunes for all to enjoy.

- Recreation Planning Meeting**
Tuesday, March 5th
- Ukes on the Run (Entertainment)**
Friday, March 8th
- Ruth Fashions Clothing Sale**
Saturday, March 9th
- Lunch : Anna Mae’s Bakery**
Tuesday, March 12th
- Shopper’s & Unger’s**
Thursday, March 14th
- Friday Concert Series :
Don Wright Faculty of Music)**
Friday, March 15th & 22nd
- Mocha Shrine Band**
Tuesday, March 19th
- Lynn’s Bakery & Deli**
Wednesday, March 20th
- Lunch: McLachlan Pancake House**
Thursday, March 21st
- Retirement Celebration for Ricardo**
Friday, March 22nd
- Voices R Us : Karaoke Night**
Friday, March 22nd
- Grand Theatre : Club**
Wednesday, March 28th
- Jazz for the People: Jayne Hysen Group**
Wednesday, March 28th

 **Like us on facebook!**
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SOCIAL & RECREATIONAL ACTIVITIES - MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Check out the monthly Perks and Pluses calendar on the back cover.					9:00 Aquafit F 1 9:45 Exercise GH 10:30 Name that Tune GH 1:30 Bridge GR 2:30 Billiards CP 3:00 Gary McGill GH (Entertainment—Guitar) 7:00 Classic Cinema GH	10:00 Chair Yoga GH 2 10:30 Coffee & Musical Notes GH 1:30 Euchre GR 3:00 25cent BINGO GH 7:00 Movie Night & Popcorn GH
10:15 Coffee Cart CC 3 10:30 Hymn Singing with Norma June CC 2:00 Billiards CP 2:00 Wii Sports GH 3:15 Happiness is Homemade GH	9:45 Exercise GH 4 10:00 Balloon Ball CC 10:30 Knitting for a Cause GH 1:30 Cribbage GR 2:00 Bailey’s & Coffee (First Floor Coffee Lounge) 3:00 25cent BINGO GH	9:30 Walking Group CC 5 10:00 Trivia GH 10:00-11:00 All Things Sewing & Alterations PDR 10:45 VON Exercise GH 1:30 Bridge GR 2:00 Bible Study with Ann Marie PDR 2:30 Paint Class with Donna AC 3:00 Recreation Planning Meeting GH	9:45 Exercise GH 6 10:00 Board Games with Eric CC 10:30 Monthly Gazette GH 11:00 Aquafit F 1:30 Euchre GR 2:00 Billiards CP 2:30 Book Club PDR 3:00 Memory Lane: Women’s Work GH	MAD FOR PLAID DAY—WEAR YOUR PLAID 7 9:30 Walking Group CC 10:30 St. Michael’s Catholic Mass GH 10:30 Culinary Committee Meeting PDR 1:30 Cribbage GR 2:00 Do you know your Plaid GH 3:00 Bean Bag Toss GH 7:00 25cent BINGO GH	INTERNATIONAL WOMEN’S DAY 8 9:00 Aquafit F 9:45 Exercise GH 10:30 Name that Woman GH 1:30 Bridge GR 2:30 Billiards CP 2:30 Ukes on the Run GH (Entertainment) 3:30 Cheers to Women Social CC 7:00 Classic Cinema GH	10:00-3:00 Ruth Fashions Clothing Sale GH 9 10:45 Zumba CC 1:30 Euchre GR 3:00 Piano with Jean CC 7:00 Movie Night & Popcorn GH
10:15 Coffee Cart CC 10 10:30 Hymn Singing with Norma June CC 2:00 Billiards CP	9:45 Exercise GH 11 10:00 Balloon Ball CC 10:30 Knitting for a Cause GH 1:30 Cribbage GR 2:00 Bailey’s & Coffee (First Floor Coffee Lounge) 3:00 25cent BINGO GH	10:00 Trivia GH 12 10:45 VON Exercise GH 1:30 Bridge GR 11:00 Lunch: Anna Mae’s Bakery & Restaurant SU 2:00 Bible Study with Ann Marie PDR 2:30 Paint Class with Donna AC 3:00 Star of the Month: Rex Harrison GH	9:45 Exercise GH 13 10:00 LCBO, Bank & Loblaw’s SU 10:30 You be the Judge GH 11:00 Aquafit F 1:00 Western Fair Casino SU 1:30 Euchre GR 2:00 Billiards CP 2:00 Craft Nook GH 3:30 Wine Down Wednesday CC	10:00 Current Events GH 14 10:00 Shoppers & Unger’s Market SU 10:45 VON Exercise GH 1:30 Cribbage GR 1:30 Talize Thrift Store SU 2:00 St. Aiden’s Anglican Church Service GH 2:00 Cookie Decorating MF 3:00 Horse Racing GH 7:00 25cent BINGO GH	9:00 Aquafit F 15 9:45 Exercise GH 10:30 Sing Along Choir GH 12:00 Friday Concert Series (Don Wright Faculty of Music) SU 1:30 Bridge GR 1:30-2:30 Pool Party F 2:00 Dancers from Goggin Carroll Irish Dance GH 2:30 Billiards CP 3:15 Travelogue: Ireland GH 7:00 Classic Cinema GH	10:00 Chair Yoga GH 16 10:30 Coffee & Musical Notes GH 1:30 Euchre GR 3:00 25cent BINGO GH 7:00 Movie Night & Popcorn GH
ST. PATRICK’S DAY 17 GH BOOKED 12pm-4pm 10:15 Coffee Cart CC 10:30 Hymn Singing with Norma June CC 1:30 First St. Andrew’s United Church Service GH 2:00 Billiards CP 3:00 A Sham-Rockin’ Party CC	9:45 Exercise GH 18 10:00 Masonville Mall SU 10:00 Balloon Ball CC 10:30 Knitting for a Cause GH 1:30 Cribbage GR 2:00 Bailey’s & Coffee (First Floor Coffee Lounge) 3:00 25cent BINGO GH	FIRST DAY OF SPRING 19 9:30 Walking Group CC 10:00 Trivia GH 10:00-11:00 All Things Sewing & Alterations PDR 10:45 VON Exercise GH 1:30 Bridge GR 2:00 Bible Study with Ann Marie PDR 2:30 Paint Class with Donna AC 2:30 Mocha Shrine Band MF/NS (Entertainment)	9:45 Exercise GH 20 10:00 Board Games with Eric CC 10:00 LCBO, Bank & No Frills SU 10:30 Who, What, Where GH 11:00 Aquafit F 1:30 Euchre GR 1:30 Drive to Lynn’s Bakery & Deli SU 2:00 Billiards CP 3:00 Town Hall Meeting GH 3:45 Cheese & Mocktails CC	9:30 Walking Group CC 21 10:00 Current Events GH 10:45 VON Exercise GH 11:15 Lunch: McLachlan Pancake House (Komoka) 1:30 Cribbage GR 2:00 Siloam United Church Service GH 3:00 Lasso Golf GH 7:00 25cent BINGO GH	9:00 Aquafit F 22 9:45 Exercise GH 10:30 Sing Along Choir GH 12:00 Friday Concert Series (Don Wright Faculty of Music) SU 1:30 Bridge GR 2:00-4:00 Retirement Celebration for Ricardo GH 2:30 Billiards CP 7:00 Voices R Us : Karaoke Night GH	10:00 Chair Yoga GH 23 10:45 Zumba GH 1:30 Euchre GR 3:00 Piano with Jean CC 7:00 Movie Night & Popcorn GH
10:15 Coffee Cart CC 24 10:30 Hymn Singing with Norma June CC 2:00 Billiards CP ----- EASTER 31 10:15 Coffee Cart CC 10:30 Hymn Singing with Norma June CC 2:00 Billiards CP 2:15 Eater Egg Hunt CC 3:30 March Birthday Party PDR (Invitation Only)	9:45 Exercise GH 25 10:00 Cherryhill Mall SU 10:00 Balloon Ball CC 10:30 Knitting for a Cause GH 1:30 Cribbage GR 2:00 Bailey’s & Coffee (First Floor Coffee Lounge) 3:00 25cent BINGO GH	SPIRIT DAY—WEAR PURPLE 26 9:30 Walking Group CC 10:00 Trivia GH 10:45 VON Exercise GH 1:30 Bridge GR 2:00 Bible Study with Ann Marie PDR 2:30 Paint Class with Donna AC 3:00 Tea Tuesday—Irish Tea GH	9:45 Exercise GH 27 10:00 Board Games with Eric CC 10:30 You be the Judge GH 11:00 Aquafit F 12:15 Grand Theatre: Club SU 1:30 Euchre GR 2:00 Billiards CP 3:15 Couples Double Date PDR 6:15 Jazz for the People : Jayne Hysen Group SU	9:30 Walking Group CC 28 10:00 Current Events GH 10:45 VON Exercise GH 1:30 Cribbage GR 2:30 Card Making with Judy GH/SU 3:00 Gentleman’s Club with Jim GR 7:00 25cent BINGO GH	NATIONAL COCA-COLA DAY 29 9:00 Aquafit F 9:45 Exercise GH 10:30 Sing Along Choir GH 1:30 Bridge GR 2:00 Can You Taste the Difference: Coke or Pepsi CC 2:30 Billiards CP 3:30 Traditional Easter Egg Decorating GH 7:00 Classic Cinema GH	10:00 Chair Yoga GH 30 10:30 Coffee & Musical Notes GH 1:30 Euchre GR 3:00 25cent BINGO GH 7:00 Movie Night & Popcorn GH

BF: Blackfriars	CP: Corner Pocket	GH: Great Hall	WC: Wellness Center	CC: Central Court Room	L: Oxford Street Library
AC: Arts & Crafts 3rd Floor	MF: Mayfair Dining Room	F: Exercise & Fitness Room	PDR: Private Dining Room	SU: Sign Up Activity	GR: Games Room 2nd Floor
CY: Court Yard	BR: Boardroom	FB: Front of Building	Events in Purple: Sign Up		