

APARTMENT SOCIAL & RECREATIONAL ACTIVITIES - OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		10:30 Show & Tell SL 1:00 Trip to Byron Village Shopping Centre 1:45 Dominoes SL 7:00 Evening Euchre CA	10:30 Hasfit Exercises FR 1:30 Art with Bill CR 2:00 In Home Hearing BL 2:00 Billiards NK 3:00 Happy Hour OTR	12:45 Relaxation & Meditation CH 7:00 Movie Night CH	9:30 Morning Walk L 10:15 Coffee Social SL 10:30 Hasfit Exercises FR 2:00 Euchre SL 7:00 Riverbend Family Church Service CH	1:00 Chair Yoga FR
1:30 Knit & Stitch CN 2:00 Trivia with Tony SL 3:00 Happy Hour OTR	10:30 Hasfit Exercises FR 10:30 Bazaar Meeting CA 1:30 Qi Gong Exercises FR 2:30 BINGO CR	10:30 Grief, Loss & Support Group SL 9:30 Mystery Drive Tour 1:45 Dominoes SL 7:00 Evening Euchre CA	10:30 Hasfit Exercises FR 1:30 Art with Bill CR 2:00 Mobility 1st CN 2:00 Billiards NK 3:00 Happy Hour OTR	11:00 Riverstone Readers SL 1:00 Ageless Grace FR 12:45 Relaxation & Meditation CH 2:00 Bridge SL 7:00 Movie Night CH	9:30 Morning Walk L 10:30 Hasfit Exercises FR 2:00 Euchre SL 7:00 Riverbend Family Church Service CH	2:00 Scrabble SL
1:30 Knit & Stitch CN 1:30 L.I.F.E Group CH 3:00 Happy Hour OTR	Happy Thanksgiving 10:30 Hasfit Exercises FR 2:30 BINGO CR	10:30 Conversation Cafe SL 10:00 Trip to Heeman's Garden Centre 2:00 Puter's R Us SL 1:45 Dominoes SL 7:00 Evening Euchre CA	10:30 Hasfit Exercises FR 1:30 Art with Bill CR 2:00 Paul's Presentation CH 2:00 Billiards NK 3:00 Happy Hour OTR	12:45 Relaxation & Meditation CH 1:00 Trip to The Birdie's Nest 2:00 Bridge SL 2:00 Tunes & Tales Entertainment SR 7:00 Movie Night CH	9:30 Morning Walk L 10:15 Coffee Social SL 10:30 Hasfit Exercises FR 2:00 Euchre SL 7:00 Riverbend Family Church Service CH	10:30 Music & Coffee with Devon OTR 1:00 Chair Yoga FR
1:00-3:00 Autumn with Friends Fall Open House 1:30 Knit & Stitch CN 2:00 Trivia with Tony SL 3:00 Happy Hour OTR	10:30 Hasfit Exercises FR 1:30 Qi Gong Exercises FR 2:00 Table Tennis Lessons with Peter P 2:30 BINGO CR	10:30 Bible Study SL 10:00 Trip to Cherryhill Mall 1:45 Dominoes SL 7:00 Evening Euchre CA	10:30 Hasfit Exercises FR 1:30 Art with Bill CR 2:00 Billiards NK 3:00 Happy Hour OTR	12:45 Relaxation & Meditation CH 1:00 Ageless Grace FR 2:00 Bridge SL 7:00 Movie Night CH	9:30 Morning Walk L 10:30 Hasfit Exercises FR 2:00 Euchre SL 7:00 Riverbend Family Church Service CH	1:00-4:00 Daya Fundraiser Euchre Tournament 2:00 Scrabble SL
1:30 Knit & Stitch CN 1:30 L.I.F.E Group CH 3:00 Happy Hour OTR	10:30 Hasfit Exercises FR 2:30 BINGO CR	10:30 Bible Study SL 1:00 Trip No Frills & Shoppers 1:45 Dominoes SL 7:00 Evening Euchre CA	10:30 Hasfit Exercises FR 1:30 Art with Bill CR 2:00 Billiards NK 3:00 Happy Hour OTR 3:00 Uke N' Do It (Ukulele Group Entertainment) OTR	Happy Halloween 12:45 Relaxation & Meditation CH 2:00 Bridge SL 2:00 Let the Ghoul Times Roll Halloween Social OTR 7:00 Movie Night CH		

Locations in Apartment:
 FR– Fitness Room (Main Floor)
 SL– Social Lounge (Main Floor)
 OTR– On the Rocks Pub (8th Floor)
 SR– Skylight Restaurant (8th Floor)

Locations in Retirement:
 CN– Connections (2nd Floor)
 NK– The Nook (3rd Floor)
 CH– Century Hall (4th Floor)
 CA– Cafe (Main Floor)

CR– Creations (5th Floor)
 L– Lobby (Main Floor)
 G– Gazebo (Out Front)
 P– Patio (8th Floor)
 LP– Legacy Park (Outside)

Events in **Purple**: Sign Up Required
 Sign up Sheets will be in the Sign Up Binder at Concierge on the 1st of every month

