

SEVEN WESTHILL | SOCIAL & RECREATIONAL ACTIVITIES DECEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:45 SMART Exercise High Intensity 2:00 Recreation Planning Meeting (CS) 3:00 Rummy-O (CS) 3:00 Scrabble (CS) 6:30 Games (CS)	9:30 SMART EXERCISE Lower Intensity (CS) 9:30 Excursion: Thrift on Kent (SU) 10:30 Yoga (CS) 11-2:00 Vendor: Suzanne M. Jewelry (PP) 1:30 Excursion: Conestoga Mall 7:00 Bridge Club (CS)	10:00-2:00 Vendor: Lindor Chocolates (PP) 1:30 Excursion: Elmira Deli and Donuts and Picard's Peanuts 4:45 Dinner Club: Swiss Chalet 6:30 Games/Dominos (CS)	Textures Hair Salon (By Appt) 9:30 SMART EXERCISE Lower Intensity (CS) 10:00-12:00 Boardwalk Loop (SU) 1:00 Parkinson's Caregiver Support Group (CH) 1:30 Excursion: Christ Kindl Market 3:00 Happy Hour 6:30 Euchre Club (CS)	10:15 Catholic Communion (CH) 10:45 SMART EXERCISE High Intensity (CS) 1:30 Toonie Bingo (CS) 1:30 Tech Connect with Greg: AI (Artificial Intelligence) Presentation (PP) 2:30 Rummy-O (CS) 6:30 Cribbage & Games (CS)	10:30 Yoga (CS) 11:30 The Stitch Club (CS) 2:00 Rummy-O (CS) 2:00 Rom Com Holiday Movie Matinee: "A Christmas Kiss" (CH) 3:00 Billiards Drop In (BL)
10:30 Snooker Club (BL) 2:00 Holiday Movie Matinee: "A Child's Christmas in Wales" 2:00 Noteworthy Singers Christmas Concert	9:30-2:30 Excursion: Brantford Casino 10:45 SMART Exercise High Intensity 2:00 Rummy-O (CS) 2:00 Scrabble (CS) 6:30 Games (CS)	9:30 SMART EXERCISE Lower Intensity (CS) 10:30 Yoga (CS) 1:00 Landmark Cinemas: Wicked for Good (time TBD) 7:00 Bridge Club (CS)	10:30 Pottery Painting Workshop (SU) (CS) 11:45 Lunch Club: Concordia Club 2:30 Excursion: Vincenzo's 2:30 Anglican Church Service (CH) 6:30 Games/Dominos (CS)	Textures Hair Salon (By Appt) 9:30 SMART EXERCISE Lower Intensity (CS) 10:00-12:00 Boardwalk Loop (SU) 1:30 Excursion: Hawkesville Bakery (SU) 3:00 Happy Hour 6:30 Euchre Club (CS)	9:30 Breakfast with Santa (CS) 10:30 Presbyterian Church Service (CH) 10:45 *No Exercise* 1:30 Toonie Bingo (CS) 2:30 Rummy-O (CS) 6:30 Cribbage and Games (CS)	10:30 Yoga (CS) 11:30 The Stitch Club (CS) 2:00 Rummy-O (CS) 2:00 Classic Holiday Movie Matinee: "Holiday Inn" Bing Crosby & Fred Astaire (CH) 3:00 Billiards Drop In (BL) 7:00 Christmas Concert with Jim Cameron
10:30 Snooker Club (BL) 2:00 Holiday Movie Matinee: "A Christmas Carol" w George C. Scott	10:45 SMART Exercise High Intensity (CS) 2:00 Rummy-O (CS) 2:00 Scrabble (CS) 6:30 Games (CS)	9:30 SMART Exercise Lower Intensity 10:30 Yoga (CS) 1:00 Drayton: Plaid Tidings (tickets pre-purchased) 7:00 Bridge Club (CS)	11:00 DROM Fitness with Crystal (SU) (FC) 11:30 St. Andrew's Church Noon Hour Concert- Cambridge Girls Choir 1:45 Excursion: Sobey's & LCBO (SU) 2:00 Afternoon Social: Hot Chocolate and Christmas Cookies (CS) 6:30 Games & Dominos (CS)	Textures Hair Salon (By Appt) 9:30 SMART EXERCISE Lower Intensity (CS) 10:30 Blood Pressure Clinic (CS) 11:00 Chair Zumba with Jessie (FC) 10:00-12:00 Boardwalk Loop (SU) 1:00 The Stitch Club (CS) 1:30 Excursion: Sittler's Home Baking and Rumbletum Cafe 3:00 Happy Hour (CS) 6:30 Euchre Club (CS)	10:15 Catholic Communion (CH) 10:45 SMART EXERCISE High Intensity (CS) 1:30 Toonie Bingo (CS) 2:30 Rummy-O (CS) 6:30 Cribbage & Games (CS)	10:30 Yoga (CS) 11:30 The Stitch Club (CS) 2:00 Rummy-O (CS) 2:00 Holiday Movie Matinee: "The Holiday" (CH) 3:00 Billiards Drop In (BL)
10:30 Snooker Club (BL) 2:00 Holiday Music Matinee: "Christmas w Andre Rieu" (CH)	10:45 SMART Exercise High Intensity (CS) 2:00 Rummy-O (CS) 2:00 Scrabble (CS) 2:30 Christmas Sing-a-long (Lobby) 6:30 Games (CS)	9:30 SMART EXERCISE Lower Intensity (CS) 10:30 Yoga (CS) 10:00-12:00 Boardwalk Loop 7:00 Bridge Club (CS)	6:30 Games & Dominos (CS) Christmas Eve!	9:30 *No Exercise* (CS) 1:00 The Stitch Club (CS) 3:00 Happy Hour (CS) 6:30 Euchre Club (CS) Merry Christmas!	10:45 No Exercise 1:30 Toonie Bingo (CS) 2:30 Rummy-O (CS) 6:30 Cribbage & Games (CS) Boxing Day!	10:30 Yoga (CS) 11:30 The Stitch Club (CS) 2:00 Rummy-O (CS) 2:00 Movie Matinee: "Victor Victoria" starring Julie Andrews & James Garner 3:00 Billiards Drop In (BL)
10:30 Snooker Club (BL) 2:00 New Year's Matinee: "Salute to Vienna" A Strauss Gershwin Gala	10:45 SMART EXERCISE High Intensity (CS) 2:00 Rummy-O (CS) 2:00 Scrabble (CS) 6:30 Games (CS)	9:30 SMART EXERCISE Lower Intensity (CS) 10:00-12:00 Boardwalk Loop 10:30 Yoga (CS) 7:00 Bridge Club (CS)	10:00 Book Club (CS) 6:30 Games & Dominos (CS) New Years Eve!			
Seven Westhill: 25 Westhill:	CS: The Common Spot BL: Breakers Lounge PP: Pickwick's Pub	WB: Westcourt Bistro CH: Century Hall RS: Radiance Spa	HL: Hearthside Lounge DK: Demo Kitchen TE: The Empress Dining Room	SU: Sign-up FC: The Fit Club Fitness Centre Email: recreation@westhill.sifton.com	Events in Purple: Sign Up	